



## MODULE 4: “ISMS” ACTIVITY

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### PURPOSE OF THE ACTIVITY:

The purpose of the “Isms” activity is to identify forms of oppression that have an impact on families served by the child welfare system.

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### SUPPLIES NEEDED:

- View “Racism in Retail” video prior to activity.
  - Flip chart and markers to record responses.
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### INSTRUCTIONS FOR THE ACTIVITY:

- 1) **State:** It is true that racism is not the only form of bias and oppression in the micro system.
- 2) **Ask:** What are some other forms of oppression or “isms?”
- 3) **Record the responses on the flip-chart;** try to include all the following:
  - **Sexism**
  - **Weight-ism**
  - **Heterosexism**
  - **Classism**
  - **Ageism**
  - **Able-ism**
- 4) **State:** Think about the case you brought; try to identify two isms from the list that you think might have an impact on that case. Think of how isms might relate to that family’s story.
- 5) **Ask for a volunteer to share their case; process using the following questions:**
  - **How has this ism become part of the family’s story?**
  - **How does the family manage this ism?**
  - **What strengths do you see in how they manage the ism?**
  - **What role might an ally such as yourself play in the lessening of the negative impact on the family?**