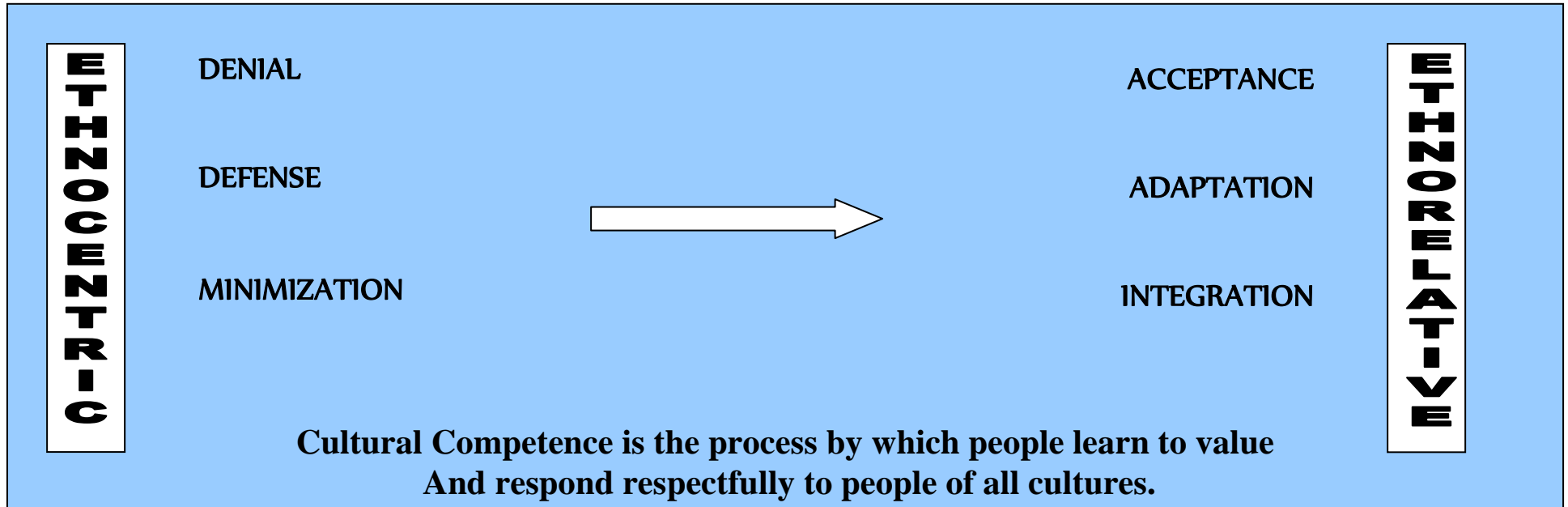


# BENNETT MODEL OF CULTURAL COMPETENCY



## STAGES OF CULTURAL COMPETENCE

<p><b>DENIAL:</b> Unaware of the existence of cultural differences.</p> <p><b>DEFENSE:</b> Acknowledge cultural differences but feel threatened by them. Methods used to defend against uncomfortable feelings are: <i>Denigration</i>                      <i>Superiority</i>                      <i>Reversal</i></p> <p><b>MINIMIZATION:</b> Minimize cultural differences in order to protect one's own cultural identity.</p>	<p><b>ACCEPTANCE:</b> Recognize and value cultural differences without judging them as positive or negative.</p> <p><b>ADAPTATION:</b> Adapt cognitively and behaviorally to cultural differences; Operate successfully within another culture.</p> <p><b>INTEGRATION:</b> Interact comfortably with a variety of cultures; Integration of cultural awareness into everyday interactions.</p>
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Bennett, M.J. (1993). Towards Ethnorelativism: A developmental model of intercultural sensitivity. In R.M. Paige (Ed.) *Education for the intercultural experience*. Yarmouth, ME: Intercultural Press.