



MODULE 1: THE DIVERSITY WHEEL ACTIVITY

PURPOSE OF THE ACTIVITY:

The purpose of the Diversity Wheel Activity is to teach the different levels and types of diversity; and to begin the self-assessment process in developing cultural competence with diverse groups.

SUPPLIES NEEDED:

- A copy of the “Dimensions of Diversity” handout for each participant (*found on page 6 in the Expanding the Family Circle Workbook*).
 - Large poster or slide of the “Dimensions of Diversity” wheel.
-

DIRECTIONS FOR THE ACTIVITY:

- 1) **Ask participants to take out the “Dimensions of Diversity” handout from their workbook**, or hand a copy out to each person.
- 2) **State:** As you look at the Dimensions of Diversity Wheel, it is obvious that there are all levels of diversity. Later we will look at the various levels and how they impact family functioning very specifically.
- 3) **Instruct:** Take a couple of minutes to identify three areas on the Dimensions of Diversity handout that you feel stand out in their importance to you personally. (*Time 2-3 min.*)
- 4) **Instruct:** Now share one or more of the three areas of diversity that you identified with others at your table; and explain what makes them important to you. (*Give each person at the table 3-5 minutes to share; make sure each person gets an opportunity to share; remind participants to allow sharing time for each person at the table*).
- 5) **State:** Now let us bring this discussion to the large group.
- 6) **Ask for a volunteer to begin sharing in the large group.**
- 7) **Facilitate the sharing; try to involve as many participants as possible and broaden the discussion to cover as many dimensions of diversity as possible.** Point out that our experience with diversity contributes to our attitudes, awareness and cultural competency.
- 8) **Wrap-up:** Thank participants for sharing and summarize the points made.
- 9) **State:** Self-assessment is a critical component in the process of cultural competency. The Bennett model and the Diversity Wheel help us frame that self-assessment process.