Do men have a limited capacity for emotional intimacy? If so, what factors contribute to these limits, what strategies might help and what are the implications for clinical success? Socialization toward a masculine ideal, often including boyhood trauma, can damage men’s capacity to sustain connection with themselves and others. Whether their behavior is blatant and extreme or mild and seemingly ordinary they are often left emotionally reduced and relationally deficient. This workshop will center on men’s capacity for emotional intimacy and its implications for a female dominated helping profession. Media illustration, clinical accounts and group discussion will be utilized.

Learning objectives:
• Explore key commandments of the masculine code and their impact on the therapeutic alliance.
• Identify typical forms of externalization and their influence on self concept, emotionality and relational functioning.
• Learn to distinguish between overt depression from its quieter counterpart among men, covert depression.
• Gain strategies for identifying and addressing the effects of this challenging phenomenon.

This program is free of charge. However if you would like to receive Social Work Continuing Education hours, there is a cost of $40/ $20 for SSW field instructors. This event is approved for 2 CE hours.

REGISTRATION is required – go to http://www.albany.edu/ssw/current-programs-and-registration-ceu.php to reserve your spot as space is limited.