Greetings to the HPMB community!

I hope that you enjoy reading the newest issue of HPMB Online! We have enjoyed putting it together as we are very proud of the state of the HPMB department, and the UAlbany School of Public Health as a whole.

According to almost any measure of success, the HPMB department is currently thriving. This Fall semester, we welcomed 41 new MPH students; in doing so, we surpassed our 2014 enrollment target and became one of the fastest growing units on campus.

We also welcomed a new faculty member to our ranks. See page 4 of this newsletter for an introduction to Dr. Tomoko Udo, and I am sure you will agree that we are very fortunate to have her on board.

Recently, a variety of new courses have also been developed for our current HPMB students. This Fall we are offering new courses in topics such as: a) grant writing; b) health informatics; c) healthcare law; and d) health and human rights. In the Spring, we will be offering new courses addressing the topics of: a) healthcare data analytics; b) health information technology; and c) advanced applications in healthcare management. With these new courses, we are not only expanding the variety of offerings to our growing student body, but we are also responding to changing demands in the profession so that our students can be confident that they will graduate with the skills they will need for addressing today’s public health challenges.

Additional growth and innovation for HPMB is on the horizon. As a department, we are in the final stages of a strategic planning exercise that will help to guide us in the coming years as we continue our efforts to attract and nurture the very best students and faculty. We will be sure to keep you posted as new developments emerging from this process begin to take shape.

In the meantime, please keep in touch with us, and let us know what you have been up to. In addition to emails and phone calls, we also hope to hear from you on our department’s LinkedIn group page, and/or our new Facebook page.

Best regards,

Benjamin (Ben) Shaw, Ph.D., MPH
Associate Professor and Chair
David Hoffman Delivers talk on Alzheimer’s

In September, David Hoffman presented the first Ethics Grand Rounds of the academic year at Albany Medical College. His topic was “Ethical Issues and Alzheimer’s Disease, Potential Policy Solutions”. The session was well attended by Medical staff, students, as well as faculty from both Albany Law School and Albany College of Pharmacy and Health Sciences.

As a member of the National Advisory Council on Alzheimer’s Disease Research, care and services he also serves on the Sub-Committee on Ethics.

Their first report to the Council, along with the Public health Roadmap to Address Alzheimer’s Disease and the latest New York State Report on Alzheimer’s disease were the subject of his talk.

He says, “The aging demographics in America the ethical issues associated with the identification and care of people with Alzheimer’s disease is a growing concern.”

Dr. Steven Allender Visits the Department

Dr. Steven Allender visited the department in September to talk about community-based approaches to obesity prevention in Australia.

Dr. Allender holds a joint appointment as Associate Professor and Deputy Director of the World Health Organization Collaborating Centre for Obesity Prevention at Deakin University, Australia, and as a Senior Researcher in the Department of Public Health at the University of Oxford, England.

The WHO CC is the only one of the more than 900 WHO Collaborating Centres worldwide to focus on obesity prevention. Within the WHO CC, Dr. Allender is the Director of the CO-OPS Collaboration, which was funded in 2007 under the Federal Government’s Learning for Successful Community Initiatives, and since that time has built a strong and significant national network of practitioners and researchers in community-based obesity prevention.

He first met with faculty to field questions on his areas of research and discuss tools that would be useful in application to America’s obesity issues.

There was also a presentation open to students, faculty and the general public about obesity prevention in Australia that was well received.

“...the identification and care of people with Alzheimer’s disease is a growing concern.”
Influenza Vaccination POD and Ebola Update Session

On November 3rd, under the leadership of SPH students Sachelle Myrtil (MPH student, HPMB) and Pennie Cuevas (preventive medicine resident), members of the SPH community were able to get their annual flu shots quickly and easily without leaving the East Campus. The injections were given by employees of Maxim Health, a private contractor, but SPH students organized the event as a Point of Distribution (POD) exercise, developing important competencies in public health preparedness.

Student volunteers supervised and staffed most of the POD stations (e.g. Registration, Screening, Education, and Evaluation). Students, faculty, and staff all took advantage of the POD to get their flu shots.

In addition to providing flu shots, the student organizers used the event to inform the SPH community about the global Ebola epidemic, and about the widespread enterovirus outbreak that has led to many deaths among young children in our region. The POD helped inform members of the SPH community about these regional and international threats, and it helped SPH people protect themselves from influenza, a disease that kills thousands of New Yorkers every year.

Later that day, experts in communicable disease control, global health, and public health biology led a wide-ranging discussion about the international Ebola epidemic and about NYSDOH and SUNY plans for responding to the limited threat Ebola poses in New York.

After this pair of public health events, the SPH community was better informed about Ebola, and it was better protected against the more immediate danger posed by Influenza.

For further information about the Influenza Vaccination POD, please contact the “incident commander” Sachelle Myrtil, MPH student in HPMB, or her deputy commander Dr. Pennie Cuevas, Preventive Medicine Resident. Their email addresses are: smyrtil2@albany.edu and pennie.cuevas@gmail.com.

For additional details about the Ebola information session, please contact John Justino, Director of the Center for Global Health. His email address is: jjustino@albany.edu.

Certificate in Global Health: Approved!

The Certificate in Global Health has received final approval from the University at Albany, SUNY, and the New York State Education Department. This five-course certificate is now available to all School of Public Health students as an ‘add-on’ to their current degrees and many of the courses may be double counted for credit toward both the degree and certificate. Three of the courses in this certificate are HPM courses: HPM 645, Introduction to Global Health; HPM 655, International Health Economics; and HPM 656, Comparative Health Systems. The remaining two courses are a global epidemiology course and a global environmental health policy course. Recruitment of potential students who may be interested in taking these courses solely to gain the Certificate as well as to attract new students interested in global health and seeking to obtain both a graduate public health degree and the Certificate will begin by the end of the calendar year. Students interested in learning more about the Global Health Certificate can contact Carol Whittaker at cwhittaker@albany.edu.
Talking With New Faculty Member Dr. Tomoko Udo

What is your educational and biographical background?

I am originally from Japan. I came to the US in 2001 to study at Boston University where I got BA in psychology in 2003. I received MS in behavioral neuroscience from the department of psychology, Rutgers University in 2005. In 2009, I received PhD in public health from the department of health education and behavioral science, Rutgers University (back then it was a joint program between UMDNJ and Rutgers). I completed postdoctoral training at Center of Alcohol Studies, Rutgers University in 2011. Before joining this department, I was research faculty at Yale University, School of Medicine for three years.

What are your research interests and any projects you are working on right now?

My research focuses on understanding why certain individuals are more vulnerable to addiction than other people. My research involves observing aspects of addictive behaviors (e.g., craving, drinking, eating) in the laboratory setting and try to identify factors associated with these behaviors. Currently, I have two projects that aim to examine the relationship between ghrelin, an appetite stimulating hormones, and individual’s “ability to resist” alcohol or palatable foods.

What do you like to do outside of work, any hobbies or sports?

I love outdoor activities. I'm pretty good at sports (though I may not look like it!). I also love cooking.

Are there any interesting miscellaneous facts about yourself that people may find interesting?

My father is an Asian swimming champion (years and years ago).

“I felt that hearing second year students’ perspectives helped me to think about how to narrow my own interests.”

HPMB Department Student Affairs Committee

On Monday, October 27th 2014, the student representatives of the HPMB Student Affairs Committee hosted a session to provide HPMB students an opportunity to discuss their public health internship experiences, to reflect on their interests, and to have an open and honest conversation with other HPMB students. Attendees spoke about their work experiences in various public health settings - from local and state departments of health to non-profit organizations and academic settings. The 2nd year students shared the highlights, challenges and lessons learned from their experiences, while also providing guidance to the 1st year students who are about to begin the formal SPH internship process themselves. One attendee shared that she “found the discussion to be very beneficial and learned not only about internships, but also more about public health in general. We discussed career interests, and I felt that hearing second year students’ perspectives helped me to think about how to narrow my own interests. Additionally, through the conversations I felt more connected to other students in the department; not only the second year students, but also the other students that attended.” The Student Affairs Committee looks forward to expanding this session in the future.
Dr. Manganello Appointed HCWG Chair

Professor Manganello will be starting a 1 year term as Chair of the Health Communication Working Group (HCWG) in November, a national organization.

The HCWG is "part of the American Public Health Association's (APHA) Public Health Education and Health Promotion section, and - within the APHA - the leading advocate for, and authority on, the use of communication and marketing approaches to improve the public’s health."

She has also been accepted to be a member of the Strategic Planning Workgroup for the American Academy of Health Behavior this year. The group is working on shaping the future direction of AAHB. So, she will be have a lot of meetings this year!

Professor Manganello is also keeping busy teaching S2S online this semester and working on her research.

Making the SPH a More “Baby Friendly” Place

With many new mothers returning to work within weeks after giving birth, employers play an essential role in supporting successful initiation of breastfeeding and in helping women reach their own goals for breastfeeding duration, whether they plan to nurse their babies for only a few months or until their babies are toddlers.

The top two components of workplace support for breastfeeding are work breaks to allow mothers to breastfeed or to express milk for later feeding AND the availability of a clean private space (not a bathroom) in which mothers can express milk.

These two aspects of workplace support are so critical to successful breastfeeding that they are codified in both state and federal law. New York’s Nursing Mothers in the Workplace Accommodation Law, the federal Patient Protection and Affordable Care Act specifically states that the space provided cannot be just a bathroom. You and I don’t eat or prepare our food in bathrooms, and babies’ food shouldn’t be prepared or served there either.

This fall, the School of Public Health has officially inaugurated a suite of lactation rooms, consisting of one primary lactation room and two back-ups in case the first is in use either for breastfeeding purposes or for broadcasting a webinar. Sometimes rooms have to multi-task too!

The room has a comfortable chair, a small refrigerator, a bookcase full of useful parenting materials, a high quality breast pump that mothers can share by bringing in their own accessory kits (milk collection bottles and tubing to connect to the pump). The rooms do not have their own running water but they are close to several washrooms with sinks, soap, and paper towels. A large bulletin board in the room provides a place where moms post photos of their babies to promote milk letdown and easier pumping. The room’s Hand-Me-Down Box helps families share outgrown clothes and other baby supplies with younger SPH babies. Donations of books or videos about breastfeeding, parenting, babies, and other related topics are also welcome.

The rooms are located on the second floor of the main SPH building (the George Education Center on UAlbany’s East Campus) in Suite 212, home of the SPH Center for Public Health Preparedness.

The lactation rooms are available right now for any SPH community member or visitor who needs them. A grand opening celebration is being planned for December. Anyone who is interested in using the rooms or in helping to plan the grand opening should contact Dr. Mary Applegate, Associate Dean for Public Health Practice, or Sachelle Myrtil, MPH student in HPMB. Their email addresses are: mapplegate@albany.edu and smyrtil2@albany.edu.
With over 6,000 members, the American Public Health Association (APHA) - Student Assembly is the nation's largest student-led organization dedicated to connecting students and professionals interested in public health related issues. The Student Assembly is an official entity of APHA, with goals to increase student representation in APHA, to provide opportunities for students to connect and share information and ideas, to strengthen leadership and professional skills and to support public health education.

As the UAlbany School of Public Health's Campus Liaison for the American Public Health Association - Student Assembly, I've had the opportunity to interact with public health students from across the region, learn more about all that APHA has to offer students and professionals alike, and share this information with my peers at the School of Public Health. As a student, the reduced cost membership in APHA provides a variety of networking, mentorship, career and professional development opportunities. For example, each APHA Student Member is granted access to 2 Sections/Interest Groups, which provides direct connection to professionals with shared interests and to timely information through newsletters and list-serv updates and discussions. Additionally, APHA Members have online access to various job search resources, such as the APHA CareerMart and Career Development Center. The CareerMart is an excellent job site for students interested in exploring public health opportunities across the country, in various sectors. Members are able to view job openings, post resumes and apply to positions. Related, APHA’s Career Development Center provides access to resume critiques, career coaching and other career services.

For those interested in getting more involved with APHA, there are countless volunteer opportunities through the committees that comprise the Student Assembly and each Section/Special Interest Group. It’s a wonderful way to connect and keep up to date with the latest developments within the field, especially for students who are just beginning their careers in public health.

For more information on APHA membership, feel free to contact Angela Falisi – afalisi@albany.edu and visit the APHA website.

Alumni Updates

Carla D’Angelo (2005): “I’ve recently accepted the position as Senior Vice President, Administration at Trillium Health, Inc. in Rochester, NY. I was also just awarded the Rochester Business Journal’s Top 40 Under 40.”

Allison Marron (2012): “I recently joined the Florida chapter of the Society for Public Health Education as their Chapter Delegate! I’m representing the chapter at the national level and serving on the national SOPHE Resource Development Committee. I'm also thrilled to be active with the FL chapter as the Membership Committee Chair, helping this new chapter grow!”

Chadwick Morgan (2013): “I wanted to update you that I’ve accepted a new position as a Centers of Disease Control and Prevention’s Public Health Advisor in Richmond, VA. This opportunity is through the Public Health Associate Program 2 year Fellowship. Each year I’ll be given a different project that focuses on an aspect of public health. I believe my 1st year will be focused on STD’s. I’m primarily focused on developing managerial related skills because I ultimately want a career in health systems management. After the fellowship I’ll look to apply to Presidential Management Fellowship or a health administration fellowship in a hospital such as John Hopkins’s or NYU medical center.”
Center for Global Health Sponsors Student Trips to New York and Saranac Lake

The Center for Global Health-sponsored trip to the United Nations took place this year on October 24th which was also UN Day.

Nearly 60 students including SPH students and those from the New Visions programs toured the United Nations building to learn about the work of the organization, especially its work related to public health including the Millennium Development Goals.

After the tour, participants were hosted at UNICEF for a presentation on worldwide childhood nutrition activities led by Maaike Arts, a Nutrition Specialist with the Infant and Young Child Nutrition Programme Division of the United Nations Children’s Fund. This was the eighth annual UN tour sponsored by the Center for Global Health.

A day trip to Saranac Lake, NY, on September 26th, to visit the Saranac Trudeau Tuberculosis Museum and Sanatorium was also well attended by SPH and New Visions students.

The New Visions program is an advanced placement program for high school students interested in public health and global health; they share the East Campus with the School of Public Health and enjoy joining our students for special events and programs like these.
Meet the Department Graduate Assistants

Rachel Vancavage

Rachel is a first year student in the Health Policy and Management track. She grew up in Clifton Park, New York and received her B.A. in Psychology from University of Vermont in 2014. Her undergraduate experience includes an internship at the Vermont Department of Health where she researched environmental impacts on asthma and analyzed data for an evidence-based disease diagnostic tool. In her spare time she enjoys skiing, tennis, reading, and playing with her dogs.

Donette Ritchie

Donette Ritchie is a first year student in the Health Policy and Management track. She was born in Georgetown, Guyana and currently lives in Brooklyn, New York. Donette graduated from Ithaca College with a Bachelor of Science in Public and Community Health with a concentration in Policy. This past summer she interned with the Tompkins County Health Department where she served as Assistant to the Public Health Preparedness Coordinator. She conducted research and assisted in the development of Public Health Emergency plans for the county. In her spare time she enjoys writing and performing slam poetry, spending time with family and friends, and partaking in social justice projects.
Joe Chiarenzelli is a second year student in the Health Policy and Management track.

He grew up in Potsdam, New York. Joe studied at St. Lawrence University in Canton, New York and graduated with a B.A. in biology and philosophy in 2011.

During undergraduate study Joe did research on cosmetic psychopharmacology.

He has spent the summer and Fall working for the Healthcare Association of New York (HANYS) on the NYS Partnership for Patients program.

He is interested in the application of healthcare analytics to improve quality of care and the application of evidence-based management techniques.

For fun Joe enjoys playing Soccer and Racquetball. Additionally, he enjoys reading literature in his free time.

Kate Purcell is a first year student from Buffalo, NY studying in the Social Behavior and Community Health track.

She attended Hartwick College in Oneonta, NY where she earned a B.A. in Biology in May 2014. Her undergraduate thesis research work was piloting a study on physiological and population effects of two chemicals found in fracking fluids on daphnia populations.

Kate does not have a clear cut idea on what area of public health she wants to focus on but is looking forward to exploring the options and finding her niche. In her spare time she likes to play sports, craft, hang out with friends, and play outside.

Joe Chiarenzelli
New Courses This Spring

HPM 669 Special Topics in Healthcare Management (3)

This course will help develop the critical skills needed to address the top challenges faced by managers in health care. The course will use a mix of methods, including seminars, simulations, and field visits to local health care organizations. The instructor will lead some classes, including a module on negotiation skills, however the rest of the course content and structure will be largely student-driven. This not only allows students to choose topics most relevant to their career goals, but also affords them an opportunity to practice key skills by organizing and leading part of the class. Possible topics include quality improvement; LEAN Thinking; organizational development; inter-organizational coordination, project management; healthcare entrepreneurship; managing volunteers, value-based care, home health care; health information technology; and innovation. Part of the course may also be devoted to helping develop the regional health collaborative. Prerequisite HPM641 or permission of the instructor.

HHPM 669 - Data Analytic Applications in Healthcare (3)

This course will guide students through the steps from data to information to knowledge by looking at healthcare issues. During the process, students will learn skills of using commonly adopted tools to analyze healthcare data including EXCEL, SAS and R (optional). Students will also acquire basic skills for data management and statistical analyses. They will also be exposed to concepts of advanced data mining techniques. The course will use real world analytical examples in industry, in government, and in academic institutes to illustrate how to address a question using data-driven applications.

December Graduates

The HPMB department would like to congratulate students who are on course to graduate this winter. Good luck with your future ventures!

Heather Biglane
Caroline Bolarinawa
Hilary Fanin
Cynthia Jackson
Amanda Jacobs
Donna Kiesel
Jenna Murphy
Nicole Ostoyich
Ike Tomaszewski
# Course Offerings Spring 2015

<table>
<thead>
<tr>
<th>Course</th>
<th>Days</th>
<th>Time</th>
<th>Call #</th>
<th>Instructor</th>
<th>Room</th>
<th>Title</th>
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<tbody>
<tr>
<td>HPM500</td>
<td>M</td>
<td>1:00-3:50</td>
<td>3226</td>
<td>Dewar</td>
<td>C4</td>
<td>Health Care Organization, Delivery &amp; Finance</td>
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<tr>
<td>HPM52142</td>
<td>W</td>
<td>5:45-8:35</td>
<td>3552</td>
<td>Appligsted</td>
<td>BA203</td>
<td>Preventing Disease, Disability and Premature death</td>
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<tr>
<td>HPM525</td>
<td>W</td>
<td>1:00-3:50</td>
<td>7273</td>
<td>Shaw</td>
<td>C4</td>
<td>Social &amp; Behavioral Aspects of Public Health</td>
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<tr>
<td>HPM531</td>
<td>Th</td>
<td>1:00-3:50</td>
<td>9800</td>
<td>Bozjak</td>
<td>C2</td>
<td>Childhood Obesity</td>
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<tr>
<td>HPM550</td>
<td>T</td>
<td>4:00-6:50</td>
<td>6439</td>
<td>Mulson</td>
<td>C1</td>
<td>Financial Management of Healthcare Institutions</td>
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<tr>
<td>HPM561</td>
<td>M</td>
<td>5:00-7:50</td>
<td>9882</td>
<td>Golden</td>
<td>BA203</td>
<td>Health Communication (crosslisted with COM560)</td>
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<td>HPM569</td>
<td>T</td>
<td>5:45-8:35</td>
<td>10212</td>
<td>Matsaganis</td>
<td>HU16</td>
<td>Health Literacy: Patients, Organizations, &amp; Societies (Crosslisted with COM670)</td>
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<td>HPM580</td>
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<td>Leung</td>
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<td>Health Information Technology</td>
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<td>HPM611</td>
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<td>Udo</td>
<td>C2</td>
<td>Addiction and Public Health</td>
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<td>HPM612</td>
<td>Th</td>
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<td>Weller</td>
<td>C2</td>
<td>Applications in Health Policy Analysis and Evaluation</td>
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<tr>
<td>HPM625</td>
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<td>Aging and Public Health</td>
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<td>Bozjak</td>
<td>C3</td>
<td>Program Development in Health Promotion</td>
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<td>Online Program Development in Health Promotion</td>
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<td>Please note that students in the Online MPH program will be given first priority for this course.</td>
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<tr>
<td>HPM635</td>
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<td>HPM645</td>
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<td>5480</td>
<td>Whittaker</td>
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<td>Strategy &amp; Leadership Applications in Health Mgmt.</td>
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<td>HS106A</td>
<td>Poverty, Behavioral Health and Health Policy (crosslisted with SSW781)</td>
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<td>1:00-3:50</td>
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<td>Potworoski</td>
<td>C6</td>
<td>Topics: Advanced Applications in Healthcare Management</td>
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<tr>
<td>HPM669</td>
<td>M,W</td>
<td>4:00-5:20</td>
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<td>Li</td>
<td>C2</td>
<td>Topics: Data Analytic Applications in Healthcare Management</td>
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<tr>
<td>HPM687</td>
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<td>Independent Study</td>
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**OTHER SPH COURSES:**
- SPH680 M 3:00-10:20 3233 TBA Arr Seminar Public Health
- SPH685 F 9:30-10:50 6825 TBA Arr Capstone Seminar (To be taken in last semester)
- SPH701 Arr Arr 3240 Sherman Arr Topics Public Health Practice

**Dept. undergrad courses**
- SPH341 T, Th 8:45-10:05 4842 Jurkowski ES241 Promoting Healthy People
- SPH342 W 2:45-5:35 6556 O'hearnjoba BA212 How U.S. Healthcare Works
- SPH343 M 4:15-7:05 7644 Gerstner BA212 Mass Media and Health Behavior
- SPH4602 T, Th 10:15-11:35 7335 Sherman SLG02 Evidence Based Public Health
On October 30th the Health Policy, Management, and Behavior department had its annual Halloween Potluck. This year we had a great number of students, faculty, staff and family members participate and we all ended up going home stuffed with treats!