



Breastfeeding Grand Rounds 2007



Live - Thursday, August 2, 2007, 7:30am - 9:30am ET

Maternal Depression and Breastfeeding

Mary Applegate, MD, MPH

Moderator, Associate Dean for Academic Affairs, University at Albany School of Public Health, Director, NYS Preventive Medicine Residency Program

Renee Samelson, MD, MPH

Associate Medical Director, Division of Family Health, NYS Department of Health, Associate Clinical Professor, Maternal Fetal Medicine, Albany Medical College

Ruth Lawrence, MD

Professor of Pediatrics and Professor of Obstetrics and Gynecology, University of Rochester School of Medicine and Dentistry

Margaret Spinelli, MD

Director, Maternal Mental Health Program, Associate Professor of Clinical Psychiatry, NYS Psychiatric Institute at Columbia University College of Physicians and Surgeons

Depression affects one in ten women during pregnancy and postpartum. This broadcast will feature a discussion with Psychiatrist Margaret Spinelli, Perinatologist Renee Samelson, and Neonatologist Ruth Lawrence about what we can do to support both optimal treatment for women with depression and optimal nutrition for newborns, i.e. breastfeeding. The discussion will cover the epidemiology, screening, and treatment of prenatal and postpartum depression, the challenges of obtaining mental health services, the effect of perinatal depression on pregnancy outcome and early parenting and strategies that enable mothers with depression to safely and successfully breastfeed.

Registration

To register for a FREE satellite download or live webcast on your personal computer, log on to:

www.albany.edu/sph/coned/bfgr07.htm

Continuing Education Credits are available. See reverse side for details.

This program is sponsored by the New York State Department of Health and funded by the USDHHS/HRSA Maternal and Child Health Bureau.

Viewing

Location:



SCHOOL OF PUBLIC HEALTH

UNIVERSITY AT ALBANY State University of New York



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Intended Audience: Pediatricians, obstetricians, family physicians, psychiatrists, nurse practitioners, midwives, nurses, lactation consultants, psychiatric social workers and other healthcare professionals

Objectives: At the end of this program participants will be able to:

- Understand the importance of screening for depression
- To recognize that women with depression can be safely and effectively treated during pregnancy and post partum
- To realize that women with depression can safely and successfully breastfeed

CME, Nursing Contact Hours and CHES credits are available for participation in this program. To receive continuing education credits for University at Albany satellite broadcasts, you must:

1. View the broadcast live via satellite or webcast; as an archived, online webstream; or, on video/DVD.
2. Complete the on-line evaluation and post-test (www.albany.edu/sph/coned/bfgr07.htm).
3. Achieve a grade of 80% correct on the post-test.

You will be able to print a certificate for CME, Nursing Contact Hours, CHES or generic CEUs for your records.

University at Albany, School of Public Health is an approved provider of continuing nursing education by the New York State Nurses Association, which is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

For Nursing Contact Hours, the assigned code is 6VKSFE-PRV-06-114 and approved for 2.0 contact hours.

The University at Albany School of Public Health is accredited by the MSSNY to provide continuing medical education (CME) for physicians. The School designates this educational activity for a maximum of 2.0 AMA PRA Category 1 Credit(s). Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity is sponsored by the School of Public Health, University at Albany, SUNY, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for the CHES to receive 2.0 Category 1 CECH in health education.

This program will be available as an archived online webstream 2 weeks after the broadcast. Please visit www.albany.edu/sph/coned/bfgr07.htm to view this webstream.

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