New Student Orientation
Summer 2015

Undergraduate Education
&
Advisement Services Center
Jeanette Altarriba, Ph.D.

Vice Provost

and

Dean for Undergraduate Education

University at Albany, SUNY
Welcome and Congratulations!

A first step on your way to greater success!
Considering a career path and a plan of study is something that should be guided by what interests you and the areas that seem to motivate you to move forward—passion!
UAlbany Schools and Colleges

College of Arts and Sciences
School of Business
School of Criminal Justice
School of Education
School of Public Health
School of Social Welfare
College of Computing and Information
Rockefeller College of Public Policy
PROGRAMS OF STUDY

UAlbany
Major Choices!

- Actuarial & Mathematical Science
- Accounting
- Africana Studies
- Anthropology
- Art
- Art History
- Atmospheric Science
- Biochemistry & Molecular Biology
- Biology
- Business
- Chemistry
- Chinese Studies
- Communication & Rhetoric
- Computer Science
- Criminal Justice
- Documentary Studies
- Earth & Atmospheric Science
- East Asian Studies
- Economics
- English
- Environmental Science
- French
- Geography
- Globalization Studies
- Greek & Roman Civilization
- History
- Human Biology
- Interdisciplinary Studies
- Italian
- Japanese Studies
- Journalism
- Judaic Studies
- Latin American Studies
- Linguistics
- Mathematics
- Music
- Philosophy
- Physics
- Political Science
- Psychology
- Public Health
- Public Policy
- Religious Studies
- Russian & East European Studies
- Social Welfare
- Sociology
- Spanish
- Theatre
- Urban Studies & Planning
- Women's, Gender and Sexuality
Opportunities are Plentiful!

Explore Internships
Opportunities are Plentiful!

• Engage in research across the curriculum!
Study Abroad and Meet New People...

- Over 70 programs and 34 Countries through UAlbany
- Over 300 programs and 80 Countries throughout the SUNY System
- ALL available to UAlbany students!
On-Campus Events and Activities

- Speaker Series
- Over 200 Student Organizations
- Professional Organizations
- Campus Recreation Intramural Sports
- Division 1 Athletics
Success

WHAT PEOPLE THINK IT LOOKS LIKE

WHAT IT REALLY LOOKS LIKE
Specialized Advising Services:

- Pre-Law
- Pre-Health
- Academic Support
- Advising Plus
- Tutoring
- 3+3 Law

The UAlbany Academic Advisors

Professional, full-time academic advisors

Experts in developmental advisement

Experienced in the first-year transition
Some final words of advice...

- We encourage students to be active learners and participate in their own learning
- Remain open-minded about your possible interests and career aspirations
- Foster relationships with mentors and Professors
- Approach the future with a positive attitude!
Thank you and Good Luck!
New Student Orientation
Summer 2015

Office of Transfer Student Services
Who Are Our Transfer Students?

• 1/3 of UAlbany student body
• 50% of each graduating class
• From community colleges, private 4-year schools, public 4-year schools, the military, online institutions, technical colleges, moms, dads, etc...
• You are living on campus, commuting, living with parents, raising a family, working full or part-time, under 20 AND over 40!

YOU ARE A GREAT DANE!
What do our transfer students care about?

Credits!

- Read and understand your DARS audit
- Problems with General Education credit? Come to LC 30 TODAY (after meeting with your advisor)
- Problems with major/minor credit? Discuss with your advisor before you leave
What do our transfer students care about?

Academics!

- SO many majors and minors to choose from!
- Know your professors!
- Research, internships, study abroad
Successful Beginnings – Transfer Seminars

- One credit course that meets once a week for 55 minutes
- Faculty instructors
- Small classes, limited to 25 students
- Opportunity to new friends
- Personal attention
- Introduction to University resources
- Helps you get acclimated to UAlbany academic expectations
Common Commuter Questions

- Where do I go between classes?
  - Transfer/Commuter Student Lounge
  - 1st Floor of the Campus Center
  - Great place to socialize or relax between classes
  - Programs held JUST FOR TRANSFERS every month
Common Commuter Questions

• Are there meal plans for me?
  o YES! There are Commuter Meal Plans! Check MyUAlbany

• Where can I put my belongings?
  o Over 100 lockers available in the Campus Center
  o Contact Campus Center at 518-442-5490 to sign up
  o $30 for the academic year

• Can I get involved even though I don’t live on campus?
  o YES!
Involvement

- **Clubs/Organizations**
  - Tau Sigma: national transfer student honor society
  - Plus over 200 other groups to choose from (check out MyInvolvement.org)

- **Food for Thought Program**
Transfer Student Network

• **Transfer Transition Leaders**
  - Programs on Alumni Quad and on the main campus in the Transfer/Commuter Lounge!

• **Transfer Connections!**
  - Get a mentor and later become a mentor!
Making Connections / Building Friendships

- Great way to find a familiar face who can fill you in on U Albany culture and how to succeed here academically and socially!

- Sign up at the UATC table TODAY, or email UGEducation@albany.edu to sign up.

- New mentors are recruited every semester!
What If I Want To Live On-Campus?

- The earlier you get your housing application done, the better.
- Living-Learning Communities for Transfers!
  - The World of Transfer Excellence
  - The World of NY Politics and Policies
- Reach for Transfer Success
  - Involvement like a L-LC without the class tied to it.
- Alumni Quad - A home for new transfers
Questions?

Thank You!

Find more information at:
www.albany.edu/transfer_students
Agree or Disagree

**BLUE** – Agree

**RED** – Disagree
“Guys should be just as concerned about harassment, relationship abuse and sexual assault as women”

“In most situations, when a person says ‘No’ to a sexual advance, they probably do not want you to continue pursuing them”
Title IX
SEXUAL VIOLENCE

Sexual Assault
- 1 in 5
- 1 in 33

Intimate Partner Violence
- 1 in 3

Stalking
- 1 in 5
- 1 in 14
When sexual harassment or violence occurs within the UAlbany Community, the University will promptly take action to:

- **STOP**
- **REMEDY**
- **PREVENT**

Applies to students AND guests
On AND off campus
Affirmative consent is a knowing, voluntary, and mutual decision among all participants to engage in sexual activity.

Consent can be given by words or actions, as long as those words or actions create clear permission regarding willingness to engage in sexual activity.

Silence or lack of resistance, in and of itself, does not demonstrate consent.

Consent to any sexual act or prior consensual sexual activity between or with any party does not constitute consent to any other sexual act.

*This definition does not vary based upon a participants sex, sexual orientation, gender identity, or gender expression.*
Consent is...

Consent **can not** be given when a person is incapacitated.

Asleep

Involuntarily restrained

Intoxicated
# Great Danes Get Consent

<table>
<thead>
<tr>
<th>Consent IS</th>
<th>Consent IS NOT</th>
</tr>
</thead>
<tbody>
<tr>
<td>• BOTH parties freely giving permission</td>
<td>• The absence of “NO” or “stop”</td>
</tr>
<tr>
<td>• Active “Yes”</td>
<td>• Silence, “Maybe” or “I don’t know”</td>
</tr>
<tr>
<td>• Mutual</td>
<td>• “Prior consensual sex”</td>
</tr>
<tr>
<td>• Checking in between each act</td>
<td>• Convincing/Coercing/Forcing</td>
</tr>
<tr>
<td>• Can be withdrawn at any time</td>
<td>• “yes” when incapacitated</td>
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</table>
Student’s Bill of Rights

All UAlbany students have the right to:
• Make a report to local law enforcement or state police;
• Have disclosures of domestic violence, dating violence, stalking, and sexual assault treated seriously;
• Make a decision about whether or not to disclose a crime or violation and participate in the judicial/conduct process or criminal justice process free from pressure by the institution;
• Participate in a process that is fair, impartial and that provides adequate notice and a meaningful opportunity to be heard;
• Be treated with dignity and to receive from the institution courteous, fair, and respectful health care and counseling services, where available;
• Be free from any suggestion that the reporting individual is at fault when these crimes and violations are committed, or should have acted in a different manner to avoid such crimes or violations;
Student’s Bill of Rights

All UAlbany students have the right to:
• Describe the incident to as few institutional representatives as practicable and not be required to unnecessarily repeat a description of the incident;
• Be protected from retaliation by the institution, any student, the accused/respondent, and their friends, family and acquaintances within the jurisdiction of the institution;
• At least one level of appeal of a determination;
• Be accompanied by an advisor of choice who may assist and advise a reporting individual, accused, or respondent throughout the judicial or conduct process, including during all meetings and hearings related to the process; and
• Exercise of civil rights and practice of religion without interference by the investigative, criminal justice, or judicial or conduct process of the institution.
Confidential Disclosure

Advocacy Center for Sexual Violence

University Counseling Center
University Health Center
Interfaith Center
What if I disclose to someone other than these four resources?

All other University Employees are required to share reports of sexual violence and harassment with the Title IX Coordinator so that the Coordinator can ensure that the victim is aware of options, support, rights, and reporting.
Reporting Sexual Violence

Title IX Coordinator

• Conduct a prompt, fair and equitable investigation;
• If appropriate, will make referrals to Community Standards,
• Take broader action to stop, prevent, and remedy.

Law Enforcement:

• Will conduct a criminal investigation,
• May result in arrest and criminal prosecution,
• Is separate and distinct from the University process

The two processes are VERY different.
## Sanctions for Violations of Community Rights and Responsibilities

<table>
<thead>
<tr>
<th>Community Standards</th>
<th>Minimum Sanction</th>
<th>Maximum Sanction</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Verbal Warning</td>
<td>Conduct Warning</td>
</tr>
<tr>
<td>5. Intimate Partner Abuse</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Physical and/or sexual abuse</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Psychological, verbal and/or emotional abuse</td>
<td></td>
<td>✓</td>
</tr>
<tr>
<td>See definition of stalking behavior</td>
<td></td>
<td>✓</td>
</tr>
<tr>
<td>See definition of Sexual Harassment</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9. Rape, Sexual Assault, Sexual Exploitation</td>
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</table>
Advocacy Center for Sexual Violence
Advocacy Center for Sexual Violence

Academic Accommodations

Advocacy

Assistance throughout a criminal process

Support

Advocacy

Listen

Referrals

Assistance throughout student conduct process

Residential Accommodations
Community Resources

Albany Medical Center Hospital
(Free Forensic Rape Exams)

Albany County Crime Victim and Sexual Violence Center
24 HR Sexual Assault Hotline: (518) 447-7716

Equinox Domestic Violence Services
24 HR Domestic Violence Hotline: (518) 432-7865

In Our Own Voices, Inc.
(518) 432-4188
Any reaction is a normal reaction to trauma

<table>
<thead>
<tr>
<th>Acute</th>
<th>Long-term</th>
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<tbody>
<tr>
<td>Shock</td>
<td>Depression</td>
</tr>
<tr>
<td>Guilt</td>
<td>Anxiety</td>
</tr>
<tr>
<td>Betrayal</td>
<td>Post-Traumatic Stress</td>
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<tr>
<td>Anger</td>
<td>Flashbacks</td>
</tr>
<tr>
<td>Denial</td>
<td>Triggers</td>
</tr>
<tr>
<td>Shame</td>
<td>Self-harm</td>
</tr>
<tr>
<td>Self-blame</td>
<td>Suicide</td>
</tr>
<tr>
<td>Fear</td>
<td>Panic Disorders</td>
</tr>
<tr>
<td>Irritability</td>
<td>Drug dependence</td>
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<tr>
<td>Embarrassment</td>
<td></td>
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<tr>
<td>Hypersexual</td>
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Who Are You?

- **Direct** –
  - Confront

- **Delegate** –
  - Recruit help from peers or professionals

- **Distract** –
  - Change the situation
Amnesty

Students reporting incidents of domestic violence, dating violence, stalking or sexual assault will NOT be subject to drug and alcohol use violations.
Get Involved with the Advocacy Center!

Project SHAPE: Sexual Health and Peer Education

@UAlbanyAdvocacy
Contact Us!

Chantelle Cleary
Title IX Coordinator
University Hall 302
(518) 956-8010

Advocacy Center for
Sexual Violence
Indian Quad
(518) 442-CARE
How Do **You** Want to be Asked?

Win a $50 Gift Card!!

@UAlbanyAdvocacy #JustAsk