New Student Orientation
January 2016

Welcome!
Welcome and Congratulations!

A first step on your way to greater success!
Follow your Passions!

Considering a career path and a plan of study is something that should be guided by what interests you and the areas that seem to motivate you to move forward—passion!
UAlbany Schools and Colleges

College of Arts and Sciences

School of Business

School of Criminal Justice

School of Education

School of Public Health

School of Social Welfare

College of Computing and Information

Rockefeller College of Public Policy
UAlbany Major Choices!

PROGRAMS OF STUDY

Actuarial & Mathematical Science
Accounting
Africana Studies
Anthropology
Art
Art History
Atmospheric Science
Biochemistry & Molecular Biology
Biology
Business
Chemistry
Chinese Studies
Communication & Rhetoric
Computer Science
Criminal Justice
Documentary Studies
Earth & Atmospheric Science
East Asian Studies
Economics
English
Environmental Science
French
Geography
Globalization Studies
Greek & Roman Civilization

History
Human Biology
Interdisciplinary Studies
Italian
Japanese Studies
Journalism
Judaic Studies
Latin American Studies
Linguistics
Mathematics
Music
Philosophy
Physics
Political Science
Psychology
Public Health
Public Policy
Religious Studies
Russian & East European Studies
Social Welfare
Sociology
Spanish
Theatre
Urban Studies & Planning
Women's, Gender and Sexuality
Opportunities are Plentiful!

Explore Internships
Opportunities are Plentiful!

Engage in research across the curriculum!
Study Abroad and Meet New People...

Over 70 programs and 34 Countries through UAlbany

Over 300 programs and 80 Countries throughout the SUNY System

ALL available to UAlbany students!
On-Campus Events and Activities

Speaker Series

Over 200 Student Organizations

Professional Organizations

Campus Recreation

Intramural Sports

Division 1 Athletics
Some final words of advice...

- We encourage students to be active learners and participate in their own learning.
- Remain open-minded about your possible interests and career aspirations.
- Foster relationships with mentors and Professors.
- Approach the future with a positive attitude!
Thank you and
Good Luck!
Who Are Our Transfer Students?

- 1/3 of UAlbany student body
- 50% of each graduating class
- From community colleges, private 4-year schools, public 4-year schools, the military, online institutions, technical colleges, moms, dads, etc...
- You are living on campus, commuting, living with parents, raising a family, working full or part-time, under 20 AND over 40!

YOU ARE A GREAT DANE!
What do our transfer students care about?

Credits!

- Read and understand your DARS audit
- Problems with General Education credit? Come to LC 30 TODAY (after meeting with your advisor)
- Problems with major/minor credit? Discuss with your advisor before you leave
What do our transfer students care about?

**Academics!**

- SO many majors and minors to choose from!
- Know your professors!
- Research, internships, study abroad
Successful Beginnings – Transfer Seminars

- One credit course that meets once a week for 55 minutes
- Faculty instructors
- Small classes, limited to 25 students
- Opportunity to new friends
- Personal attention
- Introduction to University resources
- Helps you get acclimated to UAlbany academic expectations
Common Commuter Questions

- Where do I go between classes?
  - Transfer/Commuter Student Lounge
  - 1st Floor of the Campus Center
  - Great place to socialize or relax between classes
  - Programs held JUST FOR TRANSFERS every month
Common Commuter Questions

• Are there meal plans for me?
  ○ YES! There are Commuter Meal Plans! Check MyUAlbany

• Where can I put my belongings?
  ○ Over 100 lockers available in the Campus Center
  ○ Contact Campus Center at 518-442-5490 to sign up
  ○ $30 for the academic year

• Can I get involved even though I don’t live on?
  ○ YES!
Involvement

- **Clubs/Organizations**
  - Tau Sigma: national transfer student honor society
  - Plus over 200 other groups to choose from (check out MyInvolvement.org)

- **Food for Thought Program**
Transfer Student Network

• **Transfer Transition Leaders**
  - Programs on Alumni Quad and on the main campus in the Transfer/Commuter Lounge!

• **Follow us @UAlbanyTransfer**
• **Transfer Connections!**
  - Get a mentor and later become a mentor!
Making Connections / Building Friendships

- Great way to find a familiar face who can fill you in on U Albany culture and how to succeed here academically and socially!

- Sign up at the UATC table TODAY, or email UGEducation@albany.edu to sign up.

- New mentors are recruited every semester!
Questions?

Find more information at:
www.albany.edu/transfer_students
Great Danes Get Consent

Title IX
Advocacy Center for Sexual Violence
Agree or Disagree

BLUE – Agree

RED – Disagree
“Guys should be just as concerned about harassment, relationship abuse and sexual assault as women”

“In most situations, when a person says ‘No’ to a sexual advance, they probably do not want you to continue pursuing them”
SEXUAL VIOLENCE

Sexual Assault
- 1 in 5
- 1 in 33

Stalking
- 1 in 5
- 1 in 14

Intimate Partner Violence
- 1 in 3
UAlbany complies with Title IX

When sexual harassment or violence occurs within the UAlbany Community, the University will promptly take action to:

STOP

REMEDY

PREVENT

Applies to students AND guests
On AND off campus
Affirmative consent is a knowing, voluntary, and mutual decision among all participants to engage in sexual activity.

Consent can be given by words or actions, as long as those words or actions create clear permission regarding willingness to engage in sexual activity.

Silence or lack of resistance, in and of itself, does not demonstrate consent.

Consent to any sexual act or prior consensual sexual activity between or with any party does not constitute consent to any other sexual act.

This definition does not vary based upon a participant's sex, sexual orientation, gender identity, or gender expression.
Consent is... Consent **can not** be given when a person is incapacitated.

Asleep

Involuntarily restrained

Intoxicated
Great Danes Get Consent

<table>
<thead>
<tr>
<th>Consent IS</th>
<th>Consent IS NOT</th>
</tr>
</thead>
<tbody>
<tr>
<td>• BOTH parties freely giving permission</td>
<td>• The absence of “NO” or “stop”</td>
</tr>
<tr>
<td>• Active “Yes”</td>
<td>• Silence, “Maybe” or “I don’t know”</td>
</tr>
<tr>
<td>• Mutual</td>
<td>• “Prior consensual sex</td>
</tr>
<tr>
<td>• Checking in between each act</td>
<td>• Convincing/Coercing/Forcing</td>
</tr>
<tr>
<td>• Can be withdrawn at any time</td>
<td>• “yes” when incapacitated</td>
</tr>
</tbody>
</table>

State University of New York
What Is Consent?
Great Danes Get Consent

Are you okay with ♫♥∆?

NO = NO

What are you comfortable with?

Maybe = NO

Should we...?

Silence = NO

Can I ♪♥♯??

I Don’t Know = NO

“YES” WHEN INCAPACITATED = NO
Student’s Bill of Rights

All UAlbany students have the right to:
• Make a report to local law enforcement or state police;
• Have disclosures of domestic violence, dating violence, stalking, and sexual assault treated seriously;
• Make a decision about whether or not to disclose a crime or violation and participate in the judicial/conduct process or criminal justice process free from pressure by the institution;
• Participate in a process that is fair, impartial and that provides adequate notice and a meaningful opportunity to be heard;
• Be treated with dignity and to receive from the institution courteous, fair, and respectful health care and counseling services, where available;
• Be free from any suggestion that the reporting individual is at fault when these crimes and violations are committed, or should have acted in a different manner to avoid such crimes or violations;
Student’s Bill of Rights

All UAlbany students have the right to:
• Describe the incident to as few institutional representatives as practicable and not be required to unnecessarily repeat a description of the incident;
• Be protected from retaliation by the institution, any student, the accused/respondent, and their friends, family and acquaintances within the jurisdiction of the institution;
• At least one level of appeal of a determination;
• Be accompanied by an advisor of choice who may assist and advise a reporting individual, accused, or respondent throughout the judicial or conduct process, including during all meetings and hearings related to the process; and
• Exercise of civil rights and practice of religion without interference by the investigative, criminal justice, or judicial or conduct process of the institution.
Confidential Disclosure

Advocacy Center for Sexual Violence

University Counseling Center
University Health Center
Interfaith Center
What if I disclose to someone other than these four resources?

All other University Employees are required to share reports of sexual violence and harassment with the Title IX Coordinator so that the Coordinator can ensure that the victim is aware of options for support and rights for reporting.
Reporting Sexual Violence

**Title IX Coordinator**
- Conduct a prompt, fair and equitable investigation;
- If appropriate, will make referrals to Community Standards;
- Take broader action to stop, prevent, and remedy.

**Law Enforcement:**
- Will conduct a criminal investigation,
- May result in arrest and criminal prosecution,
- Is separate and distinct from the University process.

The two processes are VERY different.
## Sanctions for Violations of Community Rights and Responsibilities

### Sanction Guide

<table>
<thead>
<tr>
<th>Community Standards</th>
<th>Minimum Sanction</th>
<th>Maximum Sanction</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Physical and/or sexual abuse</strong></td>
<td></td>
<td>✓</td>
</tr>
<tr>
<td><strong>Psychological, verbal and/or emotional abuse</strong></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td><strong>See definition of stalking behavior</strong></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td><strong>See definition of Sexual Harassment</strong></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td><strong>Sexual Assault</strong></td>
<td></td>
<td>✓</td>
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</tbody>
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**UNIVERSITY AT ALBANY**
State University of New York

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**THE WORLD WITHIN REACH**
Advocacy Center for Sexual Violence

- Academic Accommodations
- Assistance throughout a criminal process
- Advocacy
- Support
- Listen
- Referrals
- Assistance throughout student conduct process
- Residential Accommodations
Community Resources

Albany Medical Center Hospital
(Free Forensic Rape Exams)

Albany County Crime Victim and Sexual Violence Center
24 HR Sexual Assault Hotline: (518) 447-7716

Equinox Domestic Violence Services
24 HR Domestic Violence Hotline: (518) 432-7865

In Our Own Voices, Inc.
(518) 432-4188
Impact

Any reaction is a normal reaction to trauma

<table>
<thead>
<tr>
<th>Acute</th>
<th>Long-term</th>
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<tbody>
<tr>
<td>Shock</td>
<td>Depression</td>
</tr>
<tr>
<td>Guilt</td>
<td>Anxiety</td>
</tr>
<tr>
<td>Betrayal</td>
<td>Post-Traumatic Stress</td>
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<tr>
<td>Anger</td>
<td>Flashbacks</td>
</tr>
<tr>
<td>Denial</td>
<td>Triggers</td>
</tr>
<tr>
<td>Shame</td>
<td>Self-harm</td>
</tr>
<tr>
<td>Self-blame</td>
<td>Suicide</td>
</tr>
<tr>
<td>Fear</td>
<td>Panic Disorders</td>
</tr>
<tr>
<td>Irritability</td>
<td>Drug dependence</td>
</tr>
<tr>
<td>Embarrassment</td>
<td></td>
</tr>
<tr>
<td>Hypersexual</td>
<td></td>
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</tbody>
</table>
Who Are You?
Who Are You?

- **Direct** –
  - Confront

- **Delegate** –
  - Recruit help from peers or professionals

- **Distract** –
  - Change the situation
Amnesty

Students reporting incidents of domestic violence, dating violence, stalking or sexual assault will NOT be subject to drug and alcohol use violations.
Get Involved with the Advocacy Center!

Project SHAPE: Sexual Health and Peer Education

@UAlbanyAdvocacy
Contact Us!

Chantelle Cleary
Title IX Coordinator
University Hall 302
(518) 956-8010

Advocacy Center for Sexual Violence
Indian Quad
(518) 442-CARE
How Do You Want to be Asked?

Win a UAlbany Gift Card!!

@UAlbanyAdvocacy #JustAsk