WELCOME TO UALBANY
CLASS OF 2020!

Jeanette Altarriba, Ph.D.
Academic Affairs

Michael Christakis, Ph.D.
Student Affairs
YOUR SUCCESS IS A PARTNERSHIP

YOUR ROLE
Take responsibility for your education and experiences at UAlbany. Come prepared to get involved and be engaged!

OUR ROLE
Provide opportunities and support for your educational experience to help you succeed at UAlbany.
Writing and Critical Inquiry
Research
Study Abroad
Public Engagement
Internships
Clubs and Organizations

Pathways to Success
Living-Learning Communities
Take care of your health
Go to class!
Learn about the libraries
Get to know your professor
Use your course syllabi to plan and prioritize activities
CONVOCATION

August 26th at 4pm, SEFCU ARENA
UAlbany GO Presents
WELCOME WEEK
~ featuring ~
OPENING CONVOCATION
LIVE PERFORMANCES
CANDLE-LIGHTING CEREMONY
PODIUM PANDEMIONM
AND EXPLORE UALBANY

GET INVOLVED. STAY ACTIVE. GO.

FOR MORE INFO AND CONTINUED CAMPUS ACTIVITIES VISIT WWW.ALBANY.EDU/GO
Family Reception
4pm Today, Bob Ford Field

Parent Association
WHEN YOU SUCCEED WE SUCCEED!
Advisement Services Center
&
Advising Plus

New Student Orientation
Summer 2016
Undergraduate Advisement

JoAnne Malatesta, Ph.D.
Assistant Vice Provost UGE
Director, Advisement Services Center
jmalatesta@albany.edu
(518) 442-3960
Success

WHAT PEOPLE THINK IT LOOKS LIKE

WHAT IT REALLY LOOKS LIKE
uAlbany Schools and Colleges

College of Arts and Sciences
School of Business
School of Criminal Justice
School of Education
College of Engineering and Applied Sciences
College of Emergency Preparedness, Homeland Security and Cybersecurity
School of Public Health
School of Social Welfare
Rockefeller College of Public Policy
uAlbany Advisement

Foster Intellectual Curiosity

Support and Guide

Empower Student Success
The uAlbany Academic Advisors

Specialized Advising Services:

- Pre-Law
- Pre-Health
- Academic Support
- Advising Plus
- Tutoring
- 3+3 Law

Professional, full-time academic advisors

Experts in developmental advisement

Experienced in the first-year transition
Working with Advisors!

Individual advising sessions at least once a semester

Unlimited individual advising sessions available year-round!

Never hesitate to ASK US!

Call us,
Email us,
Stop in to see us

We’re excited to help you on your journey!

CONTACT US ANYTIME!
Phone: 518-442-3960
Email: Advisor@albany.edu

Follow us:
@UAlbanyAdvising
Advisement Services Center

Student Affairs
University at Albany
State University of New York
reimagining
THE STUDENT EXPERIENCE
Shared Vision

We share a common objective... the success of “our” student!
Barbara Brown
Coordinator

New Student Orientation
Summer 2016

Student Affairs
University at Albany
State University of New York
Connecting students to what they need to be successful!

* Academic Enrichment
* Academic Support
Many students are used to sailing through school.
Academic Transitions

Is your student transitioning successfully?
Bumps in the Road...

...Require self-adjustment
Red Flags

I don’t have to go to class
I don’t have any homework

But I studied ALL night!

I need some balance.

It’s not my fault!
What to do?

Challenge the behaviors

Give them a chance to change

Call Advising PLUS
Advising PLUS can help!

Here’s how:

* Individual consultation
* Study groups
* Specific course review sessions
* Connection and follow-up to campus services
Barbara Brown
Coordinator

518-442-3971
advisingplus@albany.edu
Welcome to uAlbany!

Undergraduate Education  518-442-3950  
ugeducation@albany.edu

Advisement Services Center 518-442-3960  
advisor@albany.edu

Advising PLUS  518-442-3961  
advisingplus@albany.edu
Please rate and review this session on the UAlbany Events Guide.
NEW STUDENT PROGRAMS

NEW STUDENT ORIENTATION
SUMMER 2016
Welcome to UAlbany

Meet your Family Leaders

Savanah Kelly @OL_Savanah

Hong Huang @OL_Hong

Aneliz Hernandez @OL_Aneliz
Welcome to UAlbany

Meet your Orientation Hosts

Kayla James @OA_KaylaJ
Sean Johnson @OTL_Sean
Justin McCandless @OA_JustinM
Callie Frost NODA Intern
Berenice Andaluz NODA Intern
Welcome to UAlbany

- Guidebook
  - Keep it in a safe place
  - Refer to it later as needed

- Make Connections
  - Faculty and Staff at UAlbany
  - Each other
    - Wristbands
    - UAlbany Events Guide
Welcome to UAlbany

• Homecoming 2016
• October 7-9, 2016
• Great Dane Game Day
• Parent Speaker on Undergraduate Research
• UAlbany Speaker Series

• Important Dates
• Check Guidebook for 2016-17
• Parents Website- albany.edu/parents
Welcome to UAlbany

- Great Danes Give Back
- The RED Bookshelf
- Donate used children’s books
- Start doing service on Day 1!

Have Questions?
- Holly Barker-Flynn
- hbarker@albany.edu
- 518-442-5875
Please rate and review this session on the UAlbany Events Guide.
STUDENT INVOLVEMENT

NEW STUDENT ORIENTATION
SUMMER 2016
Student Involvement

What have they done?

What will they do?
Developmental Theory for Higher Education

“According to the theory, the greater the student's involvement in college, the greater will be the amount of student learning and personal development”

Journal of College Student Development, Alexander Astin
90% Said They: GAINED SKILLS AND ABILITIES TO USE AFTER COLLEGE

“As President of an organization, I have learned how to operate a group of people in a way that includes all of their voices but still gets things done effectively. I have learned to network with other people and other organizations as well. I have also learned how to conduct myself against others in times of conflict without the situation having to escalate.”
Because of their INVOLVEMENT . . .

73% Said They:
Felt more CONNECTED to their campus community

“The various groups I am involved in on campus have helped me develop better interpersonal skills, public speaking skills, and has helped me forge connections between myself and faculty which I feel will be useful after my studies at the University at Albany”
Because of their INVOLVEMENT . . .

65%
Said They:
Were now happier
with their college experience
Because of their INVOLVEMENT . . .

70%
Said They:
Were more
PRODUCTIVE

“Being involved with campus activities has improved my organizational and time management skills...”
Student Involvement

Involvement Leads to SUCCESS
GETTING INVOLVED

✓ Attend
✓ Participate
✓ Volunteer
✓ Organize
✓ Lead

"Success is a ladder that cannot be climbed with your hands in your pocket."
A Great Dane Welcome!

8/26 Convocation
8/27 Explore UAlbany
8/27 Welcome Candlelighting Ceremony
8/28 Great Danetopia
8/30 Hypnotist
9/3 Podium Pandemonium
9/10 Clash of the Quads
9/17 Great Dane Game Day Football Game
9/18 Involvement Fair/Block Party
STUDENT CLUBS AND ORGANIZATIONS

Student Involvement

Spectator Sports

Great Dane
Game Day!

Big Purple
Growl

Spring Stomp
889,962 HOURS OF COMMUNITY SERVICE

7,400 students

UAlbany Named to U.S. President’s Community Service Honor Roll
Emerging Student Leaders

10 week Leadership Development program for freshmen and sophomores.

Higher Retention Rates

Higher GPA
Become an Involved Dane!

Higher Retention

- **2012**
  - Involved Danes: 99.20%
  - Non-Involved Danes: 78.20%

- **2013**
  - Involved Danes: 90.40%
  - Non-Involved Danes: 80.10%

Higher GPA

- **All Undergraduates**
  - Involved Danes: 3.14
  - Non-Involved Danes: 2.74

- **Freshmen 2014**
  - Involved Danes: 3.02
  - Non-Involved Danes: 2.52
<table>
<thead>
<tr>
<th><strong>FEATURED EVENTS</strong></th>
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<tbody>
<tr>
<td><strong>SATURDAY, AUGUST 22, 2015</strong></td>
<td><strong>Follow UAlbany GO</strong></td>
</tr>
<tr>
<td>Convocation</td>
<td></td>
</tr>
<tr>
<td>Location: SEFCU Arena</td>
<td>Twitter:</td>
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<tr>
<td>Description: Join us as we officially welcome new students into the University at Albany's student body. All first year students and transfers are welcome!</td>
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<tr>
<td><strong>SATURDAY, AUGUST 22, 2015</strong></td>
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<tr>
<td>First Night Fest</td>
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<tr>
<td>Location: Science Library Lawn</td>
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<tr>
<td>Description: Enjoy your first night on campus in style at the video dance party with a 50' screen showing all the latest music videos. Dance and have a blast with entertainment, activities, and giveaways!</td>
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<tr>
<td><strong>SUNDAY, AUGUST 23, 2015</strong></td>
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<tr>
<td>Welcome Candlelighting Ceremony &amp; Fireworks</td>
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<tr>
<td>Location: Entry Plaza</td>
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<tr>
<td>Description: This UAlbany tradition officially welcomes you to the UAlbany Community with a ceremony symbolizing the beginning of your collegiate career as we light the University flame of knowledge. Fireworks to follow!</td>
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<tr>
<td><strong>MONDAY, AUGUST 24, 2015</strong></td>
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<tr>
<td>Explore UAlbany</td>
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<tr>
<td>Location: Lecture Centers</td>
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<tr>
<td>Description: Explore UAlbany is your opportunity to investigate a topic of interest while connecting with some of UAlbany’s most outstanding faculty! Choose one of the 15 Explore UAlbany sessions to learn what it takes to succeed as you begin your academic journey at UAlbany! Sessions will include an interactive question and answer period and a time for you to meet the faculty and other students over refreshments. Receive your 2015-16 Student Handbook and have chances to win great prizes!</td>
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<tr>
<td><strong>MONDAY, AUGUST 24, 2015</strong></td>
<td></td>
</tr>
<tr>
<td>Joel Meyers - Comedy Illusionist</td>
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</tr>
<tr>
<td>Location: Lecture Centers</td>
<td></td>
</tr>
<tr>
<td>Description: Impossible is just an opinion – Joel Meyers will capture your imagination! This interactive comedy illusionist has taken the world by storm performing a progressive brand of magic for celebrities like Brad Pitt and Al Pacino and college and university audiences worldwide. You can’t miss this captivating evening of entertainment!</td>
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</tbody>
</table>
Being Involved Leads To Success!!
Campus Recreation

New Student Orientation
Summer 2016
Campus Recreation provides diverse, stimulating, and engaging recreational opportunities that enrich the UAlbany experience.
MISSION: HOW WE DO IT

We empower our community to lead healthy lifestyles by fostering an environment that supports physical, mental, and social growth.
**Intramural Sports**

- Recreational Sports Leagues that involve self-organized teams composed entirely of UAlbany students that play each other.

  - No try outs, everyone can play, multiple sports throughout the school year.
  - 4 week leagues (Flag Football, Basketball, Soccer, Softball, etc.)
  - Competitive and fun, all winners receive a Championship T-shirt
  - One-Day Tournaments (Cornhole, Wiffleball, 3 Point Shoot Out, etc.)
Club Sports

- Recognized Student Organizations
- Competitive (between High School/IM’s and Varsity Athletics); travel to play against other colleges and Universities.
- Playing time based on experience and commitment (no try outs but there are grade requirements- 2.0 GPA min.)
- Dues are often affiliated for those interested in participating (differ for every sport)
- Highly focused on developing leadership skills in addition to competitive play.
Group Exercise

- Student led classes
  - Zumba, Yoga, Insanity, Spinning & More
- Instructor training program (GXIT)
  - Free for students to learn how to teach classes!
- Innovative Spinning and functional fitness studios
Fitness & Wellness

SEFCU Fitness Center
- Main fitness center on campus
- Variety of fitness options for everyone (weights, machines, cardio)

Indian & Colonial Quads
- Excited about the re-opening of fitness centers as Campus Recreation spaces with new equipment and branding
Wellness Programming

- **Fit Fair**
  - Annual interactive wellness fair.
  - Students learned various ways to stay well.
  - 30 vendors including on-campus, community businesses, and fitness vendors.

- **Wellness programs offered:**
  - Spin ‘n’ Glow
  - Personal Safety Workshop
  - Group Exercise Sampler
  - TRX, Foam Roller, and Kettlebell workshops
  - Fitsgiving – staying healthy over the holidays

- More exciting programming to come!!!
Facilities

- **Indoor Facilities**
  - Racquetball & Squash courts (4 total)
  - Basketball Courts (PE)
  - Dance Studio
  - Swimming Pool

- **Outdoor Facilities**:
  - Basketball Courts (Dutch Quad)
  - Tennis Courts (Dutch Quad)
  - Sand Volleyball Court
  - Recreation Turf Field
  - State Quad Field
  - Liberty Softball Field

- **Access to our spaces**:
  - Facilities are available for open recreation use when not reserved
  - Student groups may reserve facilities for programming (fundraisers, community service events, social events and more!)
Campus Recreation is one of the largest student employment providers in the Division of Student Affairs, employing over 120 students each year.

- We employee students who receive federal work study, and students assistants.

- We offer several types of positions ranging from customer service, officiating, lifeguarding, and student leadership positions.

- Students can find information on how to apply for a job by going to www.albany.edu/campusrecreation and clicking on “Employment and Course Credit”
FRIEND & FOLLOW US!

FOLLOW US!
FOR UPDATES ON ALL THINGS RECREATIONAL

ACTIVELY DEVELOPING A HEALTHIER U!
Questions?
Please rate and review this session on the UAlbany Events Guide.
MONEY MATTERS

Summer 2016
MONEY MATTERS

The Award Letter!
Your Award Letter
Let’s Make Sense of Financial Aid
The Student’s Award Letter

Does award say TAP Estimate?

*NYS residents can link to the TAP application from the FAFSA confirmation page: UAlbany TAP code 0895

Tap Website: [www.hesc.ny.gov](http://www.hesc.ny.gov)
Money Matters

What Loan Programs Could be on my Award Letter?

Federal Perkins Loan 5%
Repayment begins after graduation or when you cease to attend at least half-time.

Federal Direct Subsidized Loan 3.76%
The federal government pays interest during in-school status. Repayment begins after graduation or when you cease to attend at least half-time.

Federal Direct Unsubsidized Loan 3.76%
Interest begins accruing immediately after the first disbursement. Repayment begins after graduation or when you cease to attend at least half-time.
Let’s Make $ense of Financial Aid
The Student’s Award Letter

Why didn’t I get an award letter?
Did you file the 2016-17 FAFSA at www.fafsa.gov?
Did you report UAlbany’s School Code: 002835?
Did the Financial Aid Office Request Additional Documents?

Send in all requested information to the
Office of Financial Aid
MONEY MATTERS

What are the next steps?

Accept, Decline, or Reduce Federal Loans and accept Athletic Awards on MyUAlbany

If Borrowing Direct Loans
Complete Entrance Counseling and Master Promissory Note on www.studentloans.gov
Great Dane Sense

• Only enroll in courses applicable to your degree
• Declare your major before earning 56 credits
• Full-time enrollment (12 credits +) is required for some awards
• Be aware of Academic and Financial Aid implications if you change your enrollment status
• Strive to always be in good academic standing
Let’s Make $ense of Bills and Payments
Per Semester Charges

<table>
<thead>
<tr>
<th></th>
<th>NY Resident</th>
<th>Non-NY Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuition &amp; Fees</td>
<td>$4,582.00</td>
<td>$12,122.00</td>
</tr>
<tr>
<td>Room &amp; Board</td>
<td>$6,496.00</td>
<td>$6,496.00</td>
</tr>
<tr>
<td><strong>Total Direct Costs:</strong></td>
<td><strong>$11,078.00</strong></td>
<td><strong>$18,618.00</strong></td>
</tr>
</tbody>
</table>

The amount of pending financial aid will be deducted from the Direct Costs that are billed to the student.

*Subject to change by action of SUNY Board of Trustees.*
E-BILLS
MONEY MATTERS

Epay.Albany.Edu

UNIVERSITY AT ALBANY
State University of New York

Welcome
Welcome to University at Albany Student Account Suite. This site is available between 1:15 am and 10:30 pm EST daily to offer students and their families the ability to view bills, make payments and manage their student account.

Students and staff may log in using their Net ID and Password. Parents, guardians, or employers wishing to access the system require student permission via the student's authorized user process. If you have any questions about the system, please send email to epay@albany.edu.

Student Account Suite Features

- Check your balance.
- Make a payment towards your balance.
- View your payment history.
- Store your payment methods for quick and easy payment.
- As a student, provide permission to others (parents, employers, etc) to view your bill and make payments.

E-Billing
- View and print your billing statement.

Payment Plan Management
- Enroll in a payment plan so you can pay your balance in installments.
What do I need to know about Tuition Bills?

- **E-Bills** are issued on or about the 20th of each month; Due on the 15th of following month
- **No paper bills are issued**
- July 20\(^{th}\) – 1\(^{st}\) Fall invoice
- December 20\(^{th}\) – 1\(^{st}\) Spring invoice
- E-mails and text messages are issued when E-Bills are available
A credit indicates no payment due.

If your E-Bill balance differs from your current balance, pay the lower of the two amounts.
MONEY MATTERS

There is more at epay.albany.edu than E-Bills!

• Save time!...Pay online!
• Become an Authorized User
• Sign up for Text Alerts
• Enroll in an E-Payment Plan
• Set up an E-Refund Account (Students Only)
Become an Authorized User!!...at Epay.Albany.edu
Payment Plan Option at Epay.Albany.edu
Money Matters

To Summarize How the Payment Plan Works

• 4 Monthly Installments
• Fall 2016 semester payment dates: 8/15, 9/15, 10/15, 11/15
• $45 Application Fee per semester. Interest Free!
• May enroll each semester (or annually in Fall)
• Enroll when 1st invoice is issued; if enrolling after August 15, make up missed installments
MONEY MATTERS

On-Campus Banking

SEFCU Branch in the Campus Center

ATMs Located on Campus

- SEFCU
- KeyBank
- TD Bank
- Bank of America (Downtown Campus)

www.albany.edu/uas/ATM_locations.php
Great Danes, Dollars and Sense

Student Financial Literacy Program
Budgeting, Spending, Financial Aid & Loans, Credit & Identity Theft
Free Tuition!!

For attending any of the workshops, a student is entered into a drawing to receive a scholarship for **One Semester of Free Tuition** *(UG, in-state rate)*
Not finding the answer on our site?
Visit the Student Financial Center
Campus Center, Room G26
(518) 442-3202
http://www.albany.edu/sfc
Please rate and review this session on the UAlbany Events Guide.
The Driving Force

New Student Orientation
Summer 2016
GETTING INVOLVED

• What’s at Stake?
• Managing Challenges (Residential vs. Commuter)
MISSION & GOALS

• Student run group focused on commuter/ off-campus students

• Program Oriented

• Peer Support
PARTICIPATION

• New Student Mixer - 8/26, 2:30PM (LC 19)
  Followed by Convocation

• Football Home Opener Tailgate – 9/17
  (Indian Quad Parking Lot)

• September Mass Meeting
Questions/ Comments

The Driving Force
ualbanydrivingforce@albany.edu
Please rate and review this session on the UAlbany Events Guide.
Counseling and Psychological Services: An Overview For Families

New Student Orientation Summer 2016
College students turn to their friends and families in times of need
- 2 out of 3 students would talk to a parent first if in emotional distress*

Independence develops later for managing health concerns

* Healthy Minds Study
Does Your Student Need Help?

- Persistent sleep problems
- Missing classes or other activities
- Low energy, interest, or mood
- Anxiety, sadness, or hopelessness

- Unexpected drop in academic performance
- Heavy use of alcohol or drugs
- Saying or doing uncharacteristic things
**Top 10 Factors Affecting Academics**

1. Stress 32%
2. Anxiety 23%
3. Sleep Difficulties 22%
4. Cold/Flu/Sore Throat 16%
5. Employment 14%
6. Depression 14%
7. Internet Use/Computer Games 13%
8. Extracurricular Activities 12%
9. Concern for Friends or Family 11%
10. Relationship Difficulties 10%

(ACHA Spring 2014 Undergraduate Reference Group)
Confidentiality

For Students

– We do not share student information with anyone
– Client information is not part of the academic record

For Families

– Our consultation with you is private
– We can talk with you about your concerns and explore options
– We need a release to share information about your student, except…
Respect For Culture and Individuals

We value diversity in backgrounds, cultures, and individual personal characteristics.

Our staff is diverse.
Counseling and Assessment

Individual and group counseling
Variety of issues addressed
Referrals as needed
Comprehensive psychological evaluation when appropriate
Setting Up An Appointment

Students call 518-442-5800
Initial appointments generally within 1-3 days
Already paid!

Let us know if the situation is urgent
Consultation

For students and families
Call 518-442-5800 or email consultation@albany.edu

Information about mental health topics
Exploring options for responding to a concern
Encouraging your student to come in
Referrals to local providers
What is LET’S TALK?

Non-traditional student support
Convenient on-campus locations
Informal and confidential
Schedule & staff bios. listed on website

Life happens....Let’s talk.
Prevention and Health Promotion

Alcohol and other drugs
Suicide prevention
Healthy relationships
Body image and eating awareness
Emotional & behavioral health
Peer Education

Middle Earth
Peer Assistance Program

Nationally recognized program
Opportunities to get involved on campus
Leadership and service
Course credit
Please rate and review this session on the UAlbany Events Guide.
Student Health Services

New Student Orientation
Summer 2016
REQUIRED INFORMATION

1) MMR info (PHL 2165)-submit with Required Health Form

2) Required Health Form

3) Permission to treat (if <18 years old)
REQUIRED HEALTH FORM

• NO physician input necessary

• Takes less than 5 minutes to complete

• Accessible from the Welcome Website via the “Checklist”
TUBERCULOSIS

• All students are screened through Required Health Form

• Only those with a Risk Factor are required to have further TB testing.
OPTIONAL MEDICAL INFORMATION

• Any physician summaries or other medical information you feel would be pertinent for the student’s medical record.

• Submit with Required Health Form and MMR info.
OTHER IMMUNIZATIONS

Recommended—not required:

• Meningococcal Vaccine (PHL 2167)
• Tetanus and Pertussis (TdAP)
• Tetanus every 10 years
• Pertussis booster in adolescence
LOCATION

• 400 Patroon Creek – 1 mile from center of campus to HC
  • Directions on the website—less than 5 minute drive from campus.

• Shuttle from campus
  • Round Trip every 30 Minutes
STAFF

• Medical Director
• 2 full time Physicians
• 1 part time Physician
• 3 full time Midlevels (NP and PA)
• 1 part time Midlevel
• 1 part time Psychiatrist
• 10 Nurses
SERVICES

• General Medical Clinic
• Women’s Health Clinic
• Immunizations
• Pharmacy
• Total Visits: over 14,000/year
APPOINTMENTS

Hours
M-F 9-4:30 in session
M-F 8-3:30 during break
Closed weekends

Call 442-5229 to schedule an appointment
< 3 minutes 99% of time

ON-LINE appointment scheduling available
Fees

All visits to the UAlbany Student Health Services are at no cost:

• Covered by the Comprehensive Fee paid by all registered students.
• Some small fees for in house lab tests, some pharmaceuticals, durable medical goods.
PHARMACY

• Limited Formulary:
  – Antibiotics, OTC cough & cold meds, antidepressants, allergy meds, asthma meds, OCP’s & MAP.

• Co pays: allergy meds, OCP’s & MAP and Over the Counter meds (billed to student account)
BILLS

- We do not accept Insurance
- Go to Student Accounts to pay/ Epay
- We do not accept any payment at SHS
- Holds will result from late/non-payment
BILLS

COMPREHENSIVE FEE VS. HEALTH INSURANCE

• Comprehensive Fee - covers visits to Student Health Services.
• Health Insurance - necessary for specialists, outside lab tests, x-rays/imaging and emergency room/hospital. Be sure your insurance will “work” in Albany (do not assume it will.)
WHEN YOUR CHILD IS SICK

• Call you for advice
• Call their doctor at home
• Go to an ER or Urgent Care Facility
• Call 911 (5-QUAD) (within 5 miles of campus) 518-442-3131 from a non-campus phone
• ? Health Insurance Nurse Hotline
• FoneMed Nurse Hotline
STUDENT SATISFACTION

Over 90% satisfaction in general based on surveys and comment cards

Reason for dissatisfaction:
• Unmet treatment expectations
  • Viral syndrome/Antibiotic expectations
CONFIDENTIALITY

Healthcare info for patients > 18 y/o not shared with parents (or anyone) UNLESS:

• patient provides permission for that specific information

• medical emergency
PATIENTS <18 YEARS OF AGE:

- Info regarding sexual activity is protected as if the student is >18
- Any patient >12 y/o can specifically request that the treating Medical Provider not share information with a parent regardless of the nature of that information.
WHAT TO TELL YOUR STUDENT

• Wash your hands… OFTEN
• Respiratory Hygiene
• Sleep
• Sex/Alcohol/Drugs
• Bring a thermometer--PLEASE
• Bring Insurance Card
POLICIES ON OUR WEBSITE

• Allergy Policy
• Antibiotic Policy
• Confidentiality Policy
• Medical Excuse Policy
• Medical Records Release Policy
• Post Graduation and Summer Medical Care Policy
• Students Rights and Responsibilities
3 Required steps to complete

1. Submit MMR Information
2. Submit Required Health Form
3. Acknowledge Meningitis Statement
NEED HELP?

General Questions: askuhc@albany.edu

Required health information (including MMR): healthforms@albany.edu
Please rate and review this session on the UAlbany Events Guide.