



January 31-February 11, 2010
University at Albany
State University of New York

Coordinated By:
Middle Earth Peer Assistance Program
University Counseling Center

Funded By:
The Student Association
of the University at Albany





KEYNOTE SPEAKER

**TUESDAY, FEBRUARY 9, 8:00 PM
CAMPUS CENTER BALLROOM
University at Albany, SUNY**



◀ Race, Gender, and Sexuality: Building An Inclusive Campus ▶

Presented by
Keith Boykin
Nationally-acclaimed
Author & Columnist

ABOUT KEITH BOYKIN

Keith Boykin is the editor of *The Daily Voice* online news site, a CNBC contributor, a BET TV host, and a *New York Times* best-selling author of three books. He was educated at Dartmouth and Harvard, Boykin attended law school with President Barack Obama and served in the White House as a special assistant to President Bill Clinton. He was actively involved in progressive causes since he worked on his first congressional campaign while still a student in high school. He is a veteran of six political campaigns, including two presidential campaigns, and he was named one of the top instructors when he taught political science at American University in Washington. He has traveled extensively across four continents, and in 1997 President Clinton appointed him, along with Coretta Scott King and Rev. Jesse Jackson, to the US presidential trade delegation to Zimbabwe.

Boykin was a founder and first board president of the National Black Justice Coalition. Keith has spoken to audiences, large and small, all across the world. He delivered a landmark speech to 200,000 people at the Millennium March on Washington and he gave a stirring speech about the AIDS epidemic in front of 40,000 people in Chicago's Soldier Field in July 2006.

Boykin was a star on the 2004 Showtime television series *American Candidate* and has since appeared on numerous national media programs, including *Anderson Cooper 360°*, *The O'Reilly Factor*, *The Tyra Banks Show*, *The Montel Williams Show*, *Judge Hatchett*, and *The Tom Joyner Morning Show*. Each of Boykin's three books has been nominated for a Lambda Literary Award, including his most recent book, *Beyond the Down Low: Sex, Lies and Denial in Black America*. He won the Lambda Literary Award for his second book, *Respecting The Soul*, while his first book, *One More River to Cross*, has been used in colleges and universities throughout the country. Boykin is an associate producer of the 2007 feature film *Dirty Laundry* and is working on his fourth book. He was born and raised in St. Louis, Missouri and currently lives in New York City.



FEATURED SPEAKER



**TUESDAY, FEBRUARY 2, 2010, 8:00 PM
CAMPUS CENTER BALLROOM**

Carol P. Stenger
Sexuality Educator
Presents

“An Evening with Carol Stenger”

Come Join Us For An Evening with UAlbany’s Own SEXpert

Come spend an evening with Carol Stenger, UAlbany’s own Sex Educator, (a.k.a. “The Sex Lady”) and get the answers to all the questions that you have about sex, but haven’t had the chance to ask... This program is sure to be fun, especially since it is all about you! Attendees of this program will be given the opportunity to ask questions anonymously, in addition to exploring how much they really know about sex.

ABOUT CAROL STENGER

Carol Stenger is a sexuality educator and the Coordinator for Health Promotion at the University Counseling Center, University at Albany, SUNY. She earned an M.A. in Human Sexuality/Health Studies from New York University and an M.Ed. in Counseling from Pennsylvania State University. She is responsible for a wide-range of health promotion and prevention programs; with a specialization in sexuality education and sexuality counseling. She has studied cross-cultural sexuality in Denmark, the Netherlands, France, Germany and Russia. She teaches a popular undergraduate human sexuality course (and has since 1984) on the University at Albany campus.

Carol founded and directs a 35 member peer education group, “Project SHAPE: Sexual Health and Peer Education” which provides over 125 sexual health workshops each year for the University at Albany community. She is a regular speaker covering sexuality topics at schools, universities, community based agencies, and has appeared on local radio and television shows.



SEXUALITY WEEK FEATURED EXHIBITS

❖ SEXUALITY EXHIBITS BY PROJECT SHAPE: SEXUAL HEALTH AND PEER EDUCATION

In its role as a peer education program focused on issues of sexual health, Project SHAPE members will host a series of exhibits in the Campus Center lobby, from 10:00am to 3:00pm, February 8-11. The exhibits will include information as well as handouts and brochures on topics such as contraception, sexually transmitted diseases, HIV/AIDS, and breast and testicular cancer.

❖ MIDDLE EARTH EXHIBIT

Visit the Middle Earth exhibit in the Campus Center lobby and receive free information and giveaways, including a special interactive activity, "These Hands Don't Hurt". This exhibit will be in the Campus Center lobby from 10:00 AM to 3:00 PM, February 8-11.



Presented by the Middle Earth Peer Educators

This exhibit provides an opportunity for members of the campus community to "sign" their handprint declaring that "These hands don't hurt," meaning that their hands will not engage in sexual violence or sexual abuse. The aim of this exhibit is to increase awareness of sexual assault and violence and to allow our campus community members to take a stand against it by stamping their handprint and making a personal commitment to end violence. Handprints will be displayed in the Campus Center.





Residential Life & Project SHAPE

Bring Sexuality Week Home



SUNDAY, JANUARY 31

7:00PM

State Quad Penthouse

SEXUAL JEOPARDY!

Come and participate or be an audience member in a college version of a popular TV game show. Test your knowledge in categories such as safer sex, AIDS and other sexually transmitted infections, and other topics related to sexuality.

Presenters: Carol Stenger, M.Ed., M.A., Coordinator for Health Promotion, University Counseling Center, Project SHAPE Director Members, Project SHAPE: Sexual Health and Peer Education

MONDAY, FEBRUARY 1

7:00PM

Indian Quad Penthouse

SEXUAL JEOPARDY!

See program description above.

Presenters: Carol Stenger, M.Ed., M.A., Coordinator for Health Promotion, University Counseling Center; Project SHAPE Director Members, Project SHAPE: Sexual Health & Peer Education

TUESDAY, FEBRUARY 2

8:00PM

Campus Center Ballroom

"AN EVENING WITH CAROL STENGER"

See page 2 of the program for description

Carol Stenger, M.Ed., M.A., Coordinator for Health Promotion, University Counseling Center; Project SHAPE

WEDNESDAY, FEBRUARY 3

7:00PM

Colonial Quad Penthouse

SEXUAL JEOPARDY!

See program description above.

Presenters: Carol Stenger, M.Ed., M.A., Coordinator for Health Promotion, University Counseling Center; Project SHAPE Director Members, Project SHAPE: Sexual Health & Peer Education

9:00 PM

Dutch Quad Penthouse

"LOVELINE": SEX TALK AT UALBANY

Have your most intimate and pressing questions about sexuality answered by a panel of experts and students! Honest answers to the questions asked by the audience will be provided, often in a humorous and interactive manner. Have fun and learn a great deal in this workshop!

Presenters: Carol Stenger, M.Ed., M.A., Coordinator for Health Promotion, University Counseling Center; Project SHAPE Director Members, Project SHAPE: Sexual Health & Peer Education

THURSDAY, FEBRUARY 4

7:00PM

Alumni Quad Movie Room

"LOVELINE": SEX TALK AT UALBANY

See program description above.

Presenters: Carol Stenger, M.Ed., M.A., Coordinator for Health Promotion, University Counseling Center; Project SHAPE Director Members, Project SHAPE: Sexual Health & Peer Education

Special thanks to Carol Stenger, Director, Project SHAPE: Sexual Health and Peer Education, Patti Fikes, Residence Director, and the Department of Residential Life for presenting and coordinating Sexuality Week programming in the residence halls.

WORKSHOPS AND PROGRAMS

THURSDAY, FEBRUARY 4

❖ **1:00PM-2:15PM**

Campus Center 375

SEXUALLY TRANSMITTED INFECTIONS AT UALBANY: WHAT YOU NEED TO KNOW

Since the onset of AIDS, students are learning less about other sexually transmitted infections. Yet we have an epidemic of STIs in the U.S. and this has been increasing, especially among persons between the ages of 15 and 24. This experiential program will test students' knowledge about common STIs seen on the University at Albany campus, including Chlamydia, HPV, herpes, gonorrhea, and hepatitis. Prevention tips and techniques will be presented.

Presenters: *Carol Stenger, M.Ed., M.A.*
Coordinator for Health Promotion, University Counseling Center
Director, Project SHAPE: Sexual Health and Peer Education
Members, Project SHAPE: Sexual Health & Peer Education

❖ **2:30PM-3:45PM**

Campus Center 375

SEX AND DRUGS: HOW TO HAVE FUN AND NOT DIE

In this workshop, faculty member and drug expert Dr. Mitch Earleywine will talk with students about the implications of recreational drug use as they relate to sexual behaviors, talk about how to ensure the safety of anyone involved, and answers any questions from the audience. Participants will learn about the dangers of haphazardly combining drug use and sex. Delving into a topic that is often not talked about openly, the presenter will shed light on healthier, safer behaviors.

Presenters: *Mitchell S. Earleywine, Ph.D., Professor of Psychology*

❖ **4:00PM-5:15PM**

Campus Center 375

❖ JEALOUSY AND LOVE: IS IT A HOT MIX OR A HOT MESS WHEN IT COMES TO RELATIONSHIPS?

Join us for an open discussion about jealousy and other ways of communicating in relationships. We will explore healthy versus unhealthy ways of relating. A variety of topics will be covered including: the diverse ways of communicating, expectations, and red versus green flag behaviors. We will discuss resources available both on and off campus.

Presenters: *Kelly J. Horner, M.A., Director, Sexual Assault Resource Center*
Tessa Fox, President, Project SHAPE: Sexual Health & Peer Education

❖ **6:30PM-7:45PM**

Campus Center 375

COMING OUT STORIES

Through telling our stories, we have the ability to find our strength and inspire others going through their own coming out process. In this workshop, lesbian, gay, bisexual, transgender, intersex, queer, questioning, and ally people are welcome to share their stories in a safe space. This workshop recognizes that coming out is a continual process, and works to shed light on the impact, positive or negative, of coming out to friends and family. Friends and allies are welcome. Coming out resources will also be available.

Moderators: *Jonny Puglia, President, Pride Alliance*
Lee Friedlander, Vice President, Pride Alliance



MONDAY, FEBRUARY 8



❖ 10:00AM-3:00PM

Campus Center Lobby

CONTRACEPTION EXHIBIT

Presenters: Members, Project SHAPE: Sexual Health & Peer Education

❖ 1:00PM-2:15PM

Campus Center 375

LGBT 101: DOMESTIC VIOLENCE IN LGBT RELATIONSHIPS

Is there a difference between domestic violence in heterosexual relationships and LGBT relationships? What can you do if you, or someone you know, are in an abusive relationship? Join us for an informative and interactive presentation highlighting the increase in domestic violence among same-sex couples.

***Presenters: Phillip A. Burse, Outreach Specialist, In Our Own Voices
Jason Ward, Program Coordinator, In Our Own Voices***

❖ 2:30PM-3:45PM

Campus Center 375

YOUR REPRODUCTIVE RIGHTS: WHAT DO YOU KNOW AND WHAT DO YOU NEED TO KNOW?

Since Roe v. Wade was decided in 1973, women across the country have had access to safe and legal abortion. However, starting in 1992 when the Supreme Court decided Casey v. Planned Parenthood of Southeastern Pennsylvania, states have been able to pass restrictions on the right to choose. Since that time, hundreds of laws have been introduced to place limitations on Roe. In particular, the Hyde Amendment—a Congressional act that forbids federal funds being used to provide abortion services—has in many states created a two-tiered system where abortion is available only to those who can afford it. It appears now that Democrats in Congress and the White House are poised to extend that Hyde Amendment concept more broadly as part of health care reform. This could mean the loss of Medicaid funding for abortion in New York State and would belay the Obama promise that no one would lose benefits they currently have, as part of health care reform. What are the implications of this decision? How does it reflect a marginalization of women’s health and reproductive lives? In this workshop, students will view the film Legal But Out of Reach, which explores the impact of abortion restrictions on real women’s lives, and discuss what a world without Roe might look like.

***Presenters: Blue Carreker
Vice President, Public Affairs and Marketing, Upper Hudson Planned Parenthood
Members, VOX, the University at Albany’s pro-choice student group***

❖ 4:00PM-5:15PM

Campus Center 375

CREATING WELCOMING COMMUNITIES FOR LGBT FAMILIES

Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ) families are changing the landscape of communities across the state. Because of the inequalities LGBTQ people face due to the lack of support from governmental structures, they often have to form alternative support structures that put them at risk and isolated. With the national debate on marriage for same-sex couples continuing throughout the nation, LGBTQ families have a spotlight on their lives. This workshop will provide an overview of the current debate as well as engage workshop participants on how we can make change in our communities for all families.

***Presenters: Nora Yates, Executive Director, Capital District Gay and Lesbian Community Council
Curran Saile, Program Director, Empire State Pride Agenda***



❖ **6:30PM-7:45PM**

Campus Center 375

CAN I HAVE YO' NUMBA? CAN I HAVE IT?

What lasts three minutes, can cause instant speech paralysis, and can make the majority of your student body secretly want to participate? Come join us in a great relationship program and learn about speed dating and effective networking skills! This program not only teaches participants the subtle art of initiating meaningful conversation, but it also fosters self-confidence and awareness of personal boundaries. Finally this program will offer tips on how to date safely, especially considering the current abundance of online dating options.

***Presenters:** Ashley Huie, Nicole Jean, and Stav Levy*

Peer Educators, Middle Earth Peer Assistance Program

❖ **8:00PM-9:30PM**

Campus Center 375

ROMANTIC INTELLIGENCE: HOW TO BE AS SMART IN LOVE AS YOU ARE IN LIFE

Romantically intelligent men and women use their emotions as messengers to enhance their relationships. Romantic intelligence provides an essential road map for relationship success. Learn to cultivate your "romantic intelligence" and develop emotional management skills to better deal with toxic emotions, avoid impulsive mistakes, and increase your "romantic IQ." Dr. Valentis will be signing copies of her books at the end of this workshop.

***Presenter:** Mary B. Valentis, Ph.D.*

Associate Professor, Department of English

Director, Center for Humanities, Arts, and Techno Sciences (CHATs)



TUESDAY, FEBRUARY 9



❖ **10:00AM-3:00PM**

Campus Center Lobby

STI PREVENTION EXHIBIT

***Presenters:** Members, Project SHAPE: Sexual Health & Peer Education*

❖ **1:00PM-2:15PM**

Campus Center 375

RELATIONSHIP ENHANCEMENT: HOW TO TURN ON DELIGHT

We are all so busy these days it is difficult to find time to devote the energy required in our most important relationships. When juggling so many priorities, often our relationships and our selves fall to the bottom of the list. This workshop will discuss specific ways that persons can enhance all of their relationships - with partners, friends, and family members - by adding more fun, more delight, more surprise and excitement. We will discuss ways to create events that will be memorable and meaningful to those you care about. Participants will have an opportunity to share their own perspectives and will leave the workshop with specific ideas that they can implement immediately to add delight to their life. Join us and have some fun!

***Presenters:** Carol Stenger, M.Ed., M.A.*

Coordinator for Health Promotion, University Counseling Center

Director, Project SHAPE: Sexual Health and Peer Education



❖ **2:30PM-3:45 PM**

Campus Center 375

CONFLICTING IDENTITIES: THE LGBTQ COMMUNITY AND RELIGION

LGBT people of faith can have trouble reconciling their religious beliefs with their queer identity and some may feel shut out of their (or other) religious communities. Through examining Biblical texts and our reaction to them, this session will explore how LGBT people can connect to their faith groups and the ways in which faith communities can, and do, act as allies.

Presenters: *Rabbi Nomi Manon*
Director of Jewish Student Life, University at Albany Hillel
Fr. Paul Butler
Catholic Campus Minister, Newman, University at Albany
Rev. Sandy Damhof
Protestant Campus Minister, Cornerstone, University at Albany

❖ **4:00PM-5:15PM**

Campus Center 375

FROM HOOK UP TO HECK NO!

Join us for an open discussion and discover the many meanings of these two little words! Also, investigate the myriad ways that people refuse a request to hook up. A variety of issues will be covered, such as: when can persistence become coercion, differences in communicating, healthy ways to relate, and barriers to developing healthy relationships and information about resources on and off campus.

Presenter: *Kelly J. Horner, M.A.*
Director, Sexual Assault Resource Center

❖ **8:00PM**

Campus Center Ballroom

SEXUALITY WEEK KEYNOTE PRESENTATION: KEITH BOYKIN

See Page 2 for Program Description



WEDNESDAY, FEBRUARY 10



◆ **10:00AM-3:00PM**

Campus Center Lobby

HIV/AIDS PREVENTION EXHIBIT

Presenters: *Members, Project SHAPE: Sexual Health & Peer Education*

❖ **1:00PM-2:15PM**

Campus Center 375

SPIN THE BOTTLE

Have you ever thought about what the media tells you about alcohol use and sex? Spin the Bottle is a program that discusses the messages delivered by the media about alcohol. Alcohol and gender roles, alcohol and sex, and misperceptions about alcohol use will be discussed in this interactive program that highlights actual media messages. The purpose of this program is to educate students about what the media is telling them about alcohol use. Using clips from the documentary, Spin the Bottle by Jackson Katz, Middle Earth Peer Educators will facilitate a discussion on media messages about alcohol and what advertisements about alcohol are telling us. The goal of the presentation is to uncover stereotyped gender roles and sexuality in advertising by the alcohol industry that is designed to sell their products.

Presenters: *Peer Educators, Middle Earth Peer Assistance Program*
Jennifer Roman, Outreach Coordinator, Middle Earth Program
Brian M. Freidenberg, Ph.D.
Addictive Behaviors Specialist/Staff Psychologist, University Counseling Center

❖ **2:30PM-3:45PM**

Campus Center 375

DUCKS, HIPPOPOTAMUSES, PENGUINS, AND SEX

Come to this fun workshop and learn all sorts of strange but true facts about sex and sexuality. You will laugh and be amazed and shake your head while learning some new things. Can the sexual behavior of ducks and hippopotamuses and penguins tell us anything about our own? Cornflakes and graham crackers will be served and we'll tell you why when you arrive. This workshop will cover little known facts about the animal kingdom and sexual behavior as well as the human world and sexual attitudes and behavior. This is meant to be fun, light, interesting, and thought-provoking as well as educational.

Presenters: *Carol Stenger, M.Ed., M.A.*
Coordinator for Health Promotion, University Counseling Center
Director, Project SHAPE: Sexual Health and Peer Education
Members, Project SHAPE: Sexual Health & Peer Education

❖ **4:00PM-6:00PM**

Campus Center 375

MINORITY IN THE MAJORITY

Come test your knowledge about the stigmas associated with HIV/AIDS. Also, find out what you can do to prevent the risks of getting the disease and ways to increase healthier behaviors. A special guest will share their story, and experience with this rapid epidemic. Resources for free HIV testing will also be provided.

Presenter: *Nicole Jean, Peer Educator, Middle Earth Peer Assistance program*

❖ **8:00PM-9:30PM**

Campus Center 375

ALCOHOL AND HOOKIN' UP

This program will use interactive theater to address the myths associated with drinking and sex that we see from the media and other sources. Come and learn about some interesting facts, such as the percentage of UAIBany students that engage in healthy sexual behaviors, and join us in a discussion, a discussion of the "hooking up" culture, and how students can communicate with other students to enhance safety in drinking situations.

Presenters: *The Middle Earth Players*
Jennifer Roman, Outreach Coordinator, Middle Earth Program
Brian M. Freidenberg, Ph.D.
Addictive Behaviors Specialist/Staff Psychologist, University Counseling Center



THURSDAY, FEBRUARY 11



❖ **10:00AM-3:00PM**

Campus Center Lobby

BREAST & TESTICULAR CANCER PREVENTION EXHIBIT

Presenters: *Members, Project SHAPE: Sexual Health & Peer Education*

❖ **1:00PM-2:30PM**

Campus Center 375

FILM SCREENING AND DISCUSSION: "DANGEROUS LIVING: COMING OUT IN THE DEVELOPING WORLD"

The documentary film "Dangerous Living: Coming Out in the Developing World" will be shown and then followed by an opportunity for discussion. This film explores the lives of gay and lesbian people in non-western cultures including Egypt, Honduras, Kenya, and Thailand where occurrences of oppression receive no media coverage. By sharing the coming out stories of these nations, this film sheds light on an emerging global movement to end discrimination and violence to LGBT people.

Presenters: *Carol Stenger, M.Ed., M.A.*
Coordinator for Health Promotion, University Counseling Center
Director, Project SHAPE: Sexual Health and Peer Education

❖ 4:00PM-6:45PM

Campus Center 375

HPV: GET THE FACTS!

HPV is a virus that impacts millions of people around the world. How does it affect men and women? What are the symptoms? What are its causes and effects? And how can we prevent ourselves from being infected with it? Come and learn the answers to these questions and more! Learn about the new HPV vaccine, Gardasil, and how it can prevent women from being infected with the virus and where you can get the vaccine

Presenters: Rob Curry

Senior Vice President for External Affairs, Upper Hudson Planned Parenthood

Hosted by Omega Phi Beta Sorority, Inc.



THEATER PERFORMANCE

FEBRUARY 23, PAGE HALL

FEBRUARY 26 & 27, CAMPUS CENTER BALLROOM, 8 PM

University at Albany, SUNY

A V-Day Benefit Reading of

"THE VAGINA MONOLOGUES"

~Albany, NY~



These three evening readings of "The Vagina Monologues" are part of the International V-Day College Initiative which includes over 600 colleges and universities around the world. The University at Albany's successful shows in past years have sold out and raised funds for local rape crisis and domestic violence shelters. The program will be based on the off-Broadway play "The Vagina Monologues." The performance, which has been heralded as "alternately hilarious and deeply disturbing" by the New York Times, will be conducted by University at Albany students and alumni joined together to end violence against women. Proceeds from performances will be donated to Equinox in Albany, New York.

Questions: Please contact Michelle Williams at mw426396@albany.edu for additional information.





ABOUT SEXUALITY WEEK 2010

During the twenty-seven years that Sexuality Week has been in existence at the University at Albany, college students across the nation have been faced with critical issues and choices. Concerns related to gender issues, HIV/AIDS, relationships, identity, and reproductive health have remained at the forefront across time.

In recognition of the importance of the above issues for students, the content of programs within Sexuality Week reflects these key themes. In this way, we hope to meet the needs of our students as well as to provide a retrospective and prospective look at the issues.

All programs listed in this brochure will be presented or supervised by individuals with expertise in the topic area. We hope the information that will be presented will encourage learning, dialogue, and critical thinking, and will continue to move Middle Earth forward in its mission of prevention education.

Sexuality Week 2010 Planning Committee Chair

M. Dolores Cimini, Ph.D., Middle Earth Peer Assistance Program, University Counseling Center

Planning Committee

Carol Lee Anderson, University Libraries

Lynsey Avalone, Middle Earth

Brigette Brighon, Middle Earth

Heather Cobden, B.A., Middle Earth Graduate Assistant

Elizabeth Conrad, M.A., Student Involvement and Leadership

Patti Fikes, M.S., Department of Residential Life

Allie Fitz, Project SHAPE, University Counseling Center

Tessa Fox, Project SHAPE

Brian M. Freidenberg, Ph.D., University Counseling Center

Marci Greenberg, Middle Earth

Kelly Horner, M.A., Sexual Assault Resource Center, University Counseling Center

Ashley Huie, Middle Earth

Nicole Jean, Middle Earth

Nick Lansing, Middle Earth

Melissa Lefcort, Middle Earth

Stav Levy, Middle Earth

Catherine Parker, M.S., Career Services

Jennifer Roman, B.A., Middle Earth Graduate Assistant

Carol P. Stenger, M.Ed., M.A., Project SHAPE, University Counseling Center

Heidi R. Wright, Psy.D., University Counseling Center

Many thanks to University Auxiliary Services for funding support of this event, and to the University Libraries, University at Albany Bookstore, and Project SHAPE for their assistance with our exhibits and special programs.

