EMPLOYEE ASSISTANCE PROGRAM
LUNCHE TIME WELLNESS PROGRAM

How to Use EAP in
the Workplace

For Faculty and Staff in
a Supervisory Role

WANT TO KNOW HOW EAP
CAN HELP?

• EAP’s goal is “to help maintain workplace pro-
ductivity by assisting employees manage personal
issues which may be adversely affecting their job
performance”
• Topics include an overview of EAP, how to identify
and manage performance issues, & when to
make a referral to EAP
• Join us as we discuss UAlbany’s EAP and ex-
plore how supervisors can utilize the program
more effectively in the workplace.

Uptown Campus
Wednesday, Sept. 22
2:00 pm - 3:30 pm
University Hall 306

To Register Contact:
Brenda Seckerson, EAP Coordinator
bseckerson@uamail.albany.edu
CALL 442-5483 OR REGISTER ONLINE
www.albany.edu/eap

Registration Deadline: Sept. 17

Employee Assistance Program-sponsored events are open
to UAlbany and Research Foundation faculty, staff, family
members, UAS employees, GSEU members, and retirees.