At Work Program

12 Week Program

READY TO GET ON THE PATH TO WEIGHT-LOSS SUCCESS?

PROGRAM DETAILS

- 12 week non-refundable program
- $144 per person - cash, check or credit accepted
- Can make split payment- 2 checks for $72.00 given at time of registration. First check deposited after 1st session/2nd check deposited one month later
- Make check payable to Weight Watchers
- Send or drop off payment to the EAP office (MSC # 200)

Registration Deadline: Sept. 10

UPTOWN CAMPUS

Wednesdays, 11:30 am-12:15 pm
September 15 - December 8*
Humanities Room 290
*No meeting on November 24

To Register Contact:
Brenda Seckerson, EAP Coordinator
bseckerson@uamail.albany.edu

CALL 442-5483 OR REGISTER ONLINE
www.albany.edu/eap

THE WORLD WITHIN REACH

Employee Assistance Program-sponsored events are open to UAlbany and Research Foundation faculty, staff, family members, GSEU members and retirees.