Instructions for Enrolling in Health Insurance or Adding Dependents

Employees can enroll in health insurance or add dependents:

- Upon their initial eligibility period;
- Within 30 days of a qualifying event*;
- Or throughout the year with an 8-10 week waiting period.

If eligible for Health Insurance under NYSHIP, you will not be enrolled automatically. To apply for coverage or add a dependent, you must submit a completed and signed PS-404 and required proofs of eligibility to the office of Human Resources at UAB300.

The PS-404 is an all-purpose form to enroll or make changes to current coverage: https://www.albany.edu/hr/assets/ps404.pdf

Required Proofs of Eligibility for Individual Enrollment:

- Health Insurance Transaction Form (PS-404)
- A copy of your Social Security Card
- Copy of birth certificate (a passport can be accepted in lieu of a birth certificate)

Required Proofs of Eligibility for Family Enrollment:

- Health Insurance Transaction Form (PS-404)
- A copy of your Social Security Card and Social Security Numbers for all dependents
- Copy of birth certificate for self and all dependents (a passport can be accepted in lieu of a birth certificate for the enrollee and spouse/partner only. Birth certificate copies must be provided for dependent children)
- Marriage certificate or domestic partner certification
- Proof of current joint ownership/financial obligation for marriages over one year old (i.e. prior year's tax return, current bank/mortgage statement, or homeowner's policy)
- Statement of Dependence for children other than natural, legally adopted, or dependent stepchildren

Required Proofs of Eligibility for Adding a Dependent:

- Health Insurance Transaction Form (PS-404)
- Dependent's Social Security Number clearly listed on PS-404
- Copy of dependent's birth certificate (a passport can be accepted in lieu of a birth certificate for the enrollee and spouse/partner only. Birth certificate copies must be provided for dependent children)
- Marriage certificate or domestic partner certification
- Proof of current joint ownership/financial obligation for marriages over one year old (i.e. prior year's tax return, current bank/mortgage statement, or homeowner's policy)
- Statement of Dependence for children other than natural, legally adopted, or dependent stepchildren

^{*} An explanation of a qualifying event can be found on Page 17 of the NYSHIP General Information Booklet: https://www.cs.ny.gov/employee-benefits/nyship/shared/publications/general-information-book/2021/ny-gib-2021.pdf

Completing the PS-404 for Health Insurance Enrollment:

- 1. Complete #1-12 under "Employee Information"
- 2. #13a; Elect pre or post-tax deductions by checking the corresponding box. Information on this election can be found here: https://www.albany.edu/hr/assets/PTCP.pdf
- 3. #13b; complete #1 "individual enrollment" if you are only enrolling yourself or complete #2 "family enrollment" if you are enrolling yourself and eligible dependents
- 4. Elect the Empire Plan or an HMO. More information on plans available to you and biweekly rates can be found here: https://www.albany.edu/hr/assets/choices-user-guide.pdf
- 5. #14; complete the "dependent information" if you are enrolling in family coverage
- 6. Skip to page 2; sign and date in the authorization box at the bottom of the form next to "Employee Signature"

Completing the PS-404 to Add a Dependent:

- 1. Complete #1-12 under "Employee Information"
- 2. Under #14; complete the "dependent information" for the dependent you are adding to your plan
- 3. Move to page 2, under #15; "Change or Cancel Existing Coverage", check "change to family" and check one of the corresponding boxes below if enrolling with a qualifying event. You will also need to list the "date of event" in the top right corner of this box
- 4. Sign and date in the authorization box at the bottom of the form next to "Employee Signature"