Center for Global Health Educational Exchange and Service Learning Program

COMPARATIVE HEALTH SYSTEMS EXCHANGE VISIT TO COSTA RICA

University of Costa Rica School of Public Health and the University at Albany School of Public Health

January 6 – 17, 2015

EDUCATIONAL EXCHANGE AND SERVICE LEARNING VISIT OUTLINE

Arrival in Costa Rica: Arrive San Jose, Tuesday, Jan. 6, 2014 with Lodging at the Gran Casa (Jan. 6 – 11, 2015)

Meetings/Lectures at UCR & Ministry of Health; Site visits to hospitals, clinics, home visiting program, etc. in San Jose (Wednesday - Friday, January 7-9, 2015)

Free Day/Sightseeing in San Jose or Day Trip to Irazu Volcano (Saturday, January 10, 2015)
Tour museums, historic sites like the National Museum, local markets, etc. Or visit one of Costa Rica’s famous volcanoes.

Visit to Rainforest Adventure Park (Sunday, January 11, 2015)
This is an optional day-trip and we will need to make reservations in advance with Rainforest Adventures Atlantic Park (zip lining, forest canopy tours, nature walks, lunch, etc.). Cost information and more detailed information will be provided in the coming weeks. This will be a day you won’t soon forget….. promise!

Travel to San Vito & Service Learning Activities (Monday – Thursday, Jan. 12 - 15, 2015)
Site visits to regional and local health service delivery sites in and around the city of San Vito. We will also travel with UCR colleagues to participate in field activities related to projects being implemented by UCR in collaboration with government health officials and local community leaders in an area near the remote village of Coto Brus.

Return to San Jose for meetings with and presentations by University of Costa Rica School of Public Health students and additional site visits in San Jose (Friday, January 16, 2015)

Wrap Up and Departure/Return to Albany (Saturday, January 17, 2015)

Note: The total estimated cost per participant is currently $1,900 - $2,100 (including an estimated $600 - $700 for air fare).