Budget Your Way to Happy Holidays

Smart & Savvy Holiday Spending Strategies

However you celebrate the holidays, there’s always a potential amount of stress that can go along with the excitement. We don’t want our special time with friends and loved ones to be overshadowed by a sense of never-ending “to do” list anxiety—especially when that list involves spending money. We also don’t want to find ourselves mid-winter with depleted bank accounts and/or over-extended credit cards. This program will provide tips and strategies to find that holiday balance. Join us to explore ideas that will allow you to make it through the holiday season within your budget, while still enjoying all those special moments.

Presenter: Maria DeLucia-Evans, Community Educator for Cornell University Cooperative Extension of Albany County

To Register Contact:
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http://www.albany.edu/eap/event_sign-up.htm

Tuesday, September 12
Noon—1:00 pm
Room 375
Campus Center