Crocheting has many benefits – it can be used to reduce stress and keep you healthy. You can also use it to build community and do good for others. Join April Mead and Eirinn Norrie, both from Undergraduate Admissions, to learn how to crochet. If you already know how to do the basics, you can join us to learn a new skill – granny squares! We welcome beginner and advanced crocheters – together we will create a crochet community within UAlbany!

**Wednesday, February 10**
12:00 - 1:00 pm
Room 375, Campus Center

To Register Contact:
Brenda Seckerson, EAP Coordinator
bseckerson@albany.edu

**CALL 442-5483 OR REGISTER ONLINE**
HTTP://WWW.ALBANY.EDU/EAP/EVENT_SIGN-UP.HTM

NOTE: Please bring a skein of yarn and a crochet hook.

Contact April Mead for materials information.
amead@albany.edu