Do you want more joy in your life? 
Do you want more fulfillment in your life? 
If you answered YES, then this EAP Lunchtime Wellness Program is for you!

Join us as we’ll learn about:

- the importance of identifying your top passions,
- the three elements that are necessary in creating the life you want,
- the secret that will guarantee you to live a passionate life, and
- the most important prerequisite to being able to live a passionate life.

Creating a truly meaningful life begins with becoming really clear about what matters most to you!

**Presenter:** Louise M. Finlayson, Ph.D., Licensed Clinical Psychologist, Transformational Life Coach, and Certified Passion Test Facilitator

**Program Host:** Linda Gallagher, EAP Committee Co-Chair, UUP Representative

**To Register Contact:** Brenda Seckerson, EAP Coordinator  
bseckerson@albany.edu

**CALL 442-5483 OR REGISTER**

http://www.albany.edu/eap/event_sign-up.htm

**Friday, February 28**

**12:00 - 1:00 pm**

**Terrace Lounge, Campus Center**

**Registration Deadline:**  
Wednesday, Feb. 26