Decoding Money and Emotions in Our Lives

Why do people have issues around money? Because human beings are instinctive first and rational second, even if we want to think otherwise. Sometimes it can seem that we are ruled by forces we don't understand at all. In our present culture, dealing with money has become very knowledge-based and complex. In our closest relationships, money issues emerge because they intersect with our most basic needs for survival and love. In this lunchtime seminar, we will begin to shed some light on this perplexing human experience in an enjoyable and uplifting way.

Presenter: Sandra Kennedy, MA, CPA, CPC works with individuals and couples to solve money issues and improve money management. She combines a background as a Certified Public Accountant (CPA) with a MA in Counseling Psychology, as well as a certification in coaching (CPC). In addition, she is a teacher, tutor, and seminar presenter. A trusted adviser for over twenty years, she combines down-to-earth common sense with higher vision and purpose. www.MoneyandPurpose.com.

To Register Contact: Brenda Seckerson, EAP Coordinator bseckerson@albany.edu call 442-5483 or register online http://www.albany.edu/eap/event_sign-up.htm

Monday, September 30
12:00 - 1:00 pm
Room 375
Campus Center
Registration Deadline: Thursday, September 26