Paying Yourself: Income Options in Retirement

Do you know how you’ll pay yourself in retirement? There are lots of considerations – including tax implications – that can affect your income. TIAA’s seminar leader will help you:

- Understand sources of retirement income
- Gain perspective on when to withdraw different assets
- Discover the income choices TIAA offers
- Understand potential advantages and/or disadvantages of each income option
- Gain a perspective on which options offer lifetime income

**Presenter:** Michael Lamy, is a Financial Consultant within the Institutional Business division at TIAA. Michael began his financial services career in 2010 and has been with TIAA since 2013. Michael holds a BA in Business Management and Finance from UAlbany. As a FINRA registered representative he holds Series 7 and 66 licenses while maintaining Life, Accident, and Health along with Variable Annuity licenses from the state of New York.

**TWO SESSIONS OFFERED:**

**Wednesday, October 11**
11:45 am—12:45 pm OR 2:45 pm—3:45 pm

Assembly Hall
Campus Center

**Boxed lunches provided at 11:45 am session.**

**Light refreshments available at 2:45 pm session.**

**To Register Contact:**
Brenda Seckerson, EAP Coordinator
bseckerson@albany.edu
Call 442-5483 or register online
http://www.albany.edu/eap/event_sign-up.htm