EAP Lunchtime Financial Wellness Program

Smart Money Moves in Your 20’s and 30’s

Are you in your 20’s and 30’s and wondering if you are making the right money decisions? Do you question whether you even know what those “moves” need to be at this stage of life? Join us for this informative session provided by MetLife to learn ten relevant tips designed to help you enhance your financial well-being. We’ll explore everything from creating a budget to establishing an emergency fund to making the most of your retirement savings. Bring your questions!

**Presenters:** Jeffery Jones and Ernie Selke, Financial Advisors from MetLife Empire Group

**To Register Contact:**
Brenda Seckerson,
EAP Coordinator
bseckerson@albany.edu
442-5483 or online at

http://www.albany.edu/eap/event_sign-up.htm

**Thursday, March 24**
12:00 - 1:00 pm
Room 375
Campus Center

**Deadline to Register:**
Wednesday, March 23