Advance Directives

Your Voice...Your Choice...Your Decisions...

Decisions about how we would like to live and be cared for, particularly at the end of life, are some of the most personal, and in certain instances, the most difficult decisions we may ever have to make. By completing Advance Directives each of us has the unique opportunity not only to identify our wishes for the types of care that we may or may not want to receive, but also to designate an individual to speak for us in the event we are unable to speak for ourselves. **Topics to be addressed will include:**

- The Advance Care Planning Process
- Tips on having conversations before the crisis
- Advance Care Directives forms: health care proxy, living will and the MOLST.
- Options for Care – Palliative Care and Hospice Care

**Presenter:** PAT SPREITZER, RN, is a registered nurse with over 40 years of nursing experience. Pat joined the staff of The Community Hospice in 2004 as Provider Relations Specialist / Community Nurse Liaison and her primary responsibility is educating our community members about Hospice philosophy of care and program services.

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[http://www.albany.edu/eap/event_sign-up.htm](http://www.albany.edu/eap/event_sign-up.htm)