National Public Health Week 2012

let's Take A Walk...

In honor of National Public Health Week, join us for a lunchtime walking experience on the East Campus. Get moving and socialize with others in the great outdoors! Stay as long as you can and don’t forget your necessary gear—a bottle of water, your pedometer, and your sneakers! (If it rains, we’ll take a walk indoors together!)

Contact Brenda Seckerson at bseckerson@albany.edu or 442-5483 for more information!

**Employees who participate can enter to win a wellness basket from EAP**

Wednesday, April 4th
12 Noon
East Campus
Meet in the lobby of the School of Public Health