Sexuality Week 2011

January 30-February 11, 2011
University at Albany
State University of New York

Coordinated By:
Middle Earth Peer Assistance Program
University Counseling Center

Funded By:
The Student Association
of the University at Albany
Frank Warren is the sole founder and curator of the PostSecret Project. A collection of over 200,000 highly personal and artfully decorated postcards mailed anonymously from around the world, displaying the soulful secrets we never voice.


Warren was born in Arizona and went to high school in Illinois. He later graduated from UC Berkeley with a degree in social science and moved to the Washington, DC area to start a business. Warren has appeared on the Today Show, 20/20, CNN, MSNBC, CBC, NPR, and Fox News. USA Today called Warren, “An award-winning blogger, a first-time author, an artist with a traveling exhibit, a possible documentary subject, the inspiration for a music video and the all-around media ‘it’ boy of the moment.” In 2009, Forbes magazine listed him as the number four most popular “web celeb”, behind celebrity blogger Perez Hilton, tech blogger Michael Arrington, and Kevin Rose, the founder of Digg.com.

In 2005, The All American Rejects approached Warren about using images of actual PostSecret images in their Dirty Little Secret music video. They offered Warren $1,000 but instead he asked them to donate $2,000 to 1(800) SUICIDE where Warren is a volunteer. The donation was made and the music video became one of the most requested on MTV.

Warren continues to receive between 100 and 200 postcards every day. He updates his website on Sundays and is working to produce 4 more PostSecret books. He continues to call himself an “accidental artist” because he has no artist background or training. “I have been asked many times why I started this. It still feels to me as though this project found me. All I try to do is make the right decisions every day to protect the integrity of the project – and learn to trust the journey.”
Psst... Wanna Know a Secret?

In November 2004, Frank Warren handed out 3,000 postcards to strangers. He invited people to write down a secret anonymously and mail it to him. Each secret had to be true and something that had never been shared with another person. Today, Warren has received more than 450,000 postcards and they continue to come at a rate of about 1,000 per week.

PostSecret

January 19 to February 11

POSTCARD EXHIBIT
Confessions on Life, Death and God
Exhibit hours - Daily: Noon to 6pm
Free; donations welcome

More than 270 artfully crafted postcards unearth a myriad of private thoughts that are comprised from Frank Warren's latest NEW YORK TIMES bestseller.

Tuesday, February 8 at 7pm

FRANK WARREN
Presentation and Book Signing
$15 general admission
Free for UAlbany students (1 ticket per ID)

Referred to as "the most trusted stranger in America," Frank Warren shares the stories behind the memorable postcards and secrets he has received.

This exhibition was organized by International Arts & Artists, Washington, D.C., in cooperation with Frank Warren, and is presented by the Performing Arts Center with support from University Auxiliary Services and Grandmas Moses Fund through the Alumni Association.

Mr. Warren's appearance is the keynote for Sexuality Week and is presented by a partnership of Middle Earth Peer Assistance Program, Performing Arts Center and Counseling Center with support from Holiday Inn Express, Student Association and University Auxiliary Services.
TRAINING OPPORTUNITIES FOR PROFESSIONALS

THE SOGI PROJECT: THE SEXUAL ORIENTATION & GENDER IDENTITY PROJECT AT THE UALBANY SCHOOL OF SOCIAL WELFARE

The Sexual Orientation and Gender Identity Project of the School of Social Welfare at the University at Albany is created to advance the knowledge base of social workers and other mental health practitioners working with the LGBT community. All are welcome to attend.

❖ Wednesday, February 9, 4:00PM – 6:00PM  Husted Hall Amphitheater
A FAMILY IS A FAMILY: LGBTQ FOSTER CARE AND ADOPTION ISSUES
This workshop will explore the fostering and adoption of LGBT youth as well as the unique role that LGBTQ individuals and couples play in creating families through adoption.
Presenter: Damarise Alexander-Mann
Director of Foster Care and Adoption, Parsons Child and Family Center

❖ Wednesday, February 16, 4:00PM – 6:00PM  Husted Hall Amphitheater
WORKING WITH TRANSGENDER CLIENTS (PART 2 OF 3): TRANSITION, IDENTITY, AND COMING OUT
This workshop will examine the issues of transition (legal, social, and medical), the process of identity development, and coming out for trans people.
Presenter: Shannon Sennott, LCSW
The Institute for Gender, Relationships, Identity, and Sexuality

SAVE THE DATES!

❖ Friday, April 29, 1:00PM–4:00PM
WORKING WITH TRANSGENDER CLIENTS (PART 3 OF 3): RELATIONAL THERAPIES WITH TRANSGENDER COUPLES, FAMILIES, & YOUTH

❖ Friday March 18, 9:00 – 4:00PM
FULL DAY TRAINING: CLINICAL SKILL TRAINING: WORKING WITH THE LGBTQ COMMUNITY
  • Part 1: Addictions in the LGBTQ Community 9:00AM – 12:00 Noon
  • Part 2: Meeting the Needs of LGBTQ People of Color 1:00PM – 4:00PM
For the full day ONLY: Lunch served: $25 for Professionals and Faculty; $10 for Students (Scholarships Available)

For further information, please contact:
(518) 462-6138 (leave message for Box 12) • sogiproject@albany.edu

Coordinated by:
Arlene Istar Lev, LCSW-R, CASAC, Lecturer • School of Social Welfare, University at Albany, SUNY
EXHIBITS

❖ POSTSECRET EXHIBIT
Come see more than 270 artfully crafted postcards that unearth a myriad of private thoughts in this exhibit that is comprised from Frank Warren’s latest *New York Times* bestseller. There will also be a “Post Your Own Secret” wall. The exhibit will be open daily between January 19 and February 11 in the Performing Arts Center from 12:00 Noon-6:00PM, with extended evening hours on days during which the Performing Arts Center hosts events (see “Workshops and Programs” listing for details.)

❖ SEXUALITY EXHIBITS BY PROJECT SHAPE: SEXUAL HEALTH AND PEER EDUCATION PROGRAM
In its role as a peer education program focused on issues of sexual health, Project SHAPE members will host a series of exhibits in the Lecture Center Concourse, from 10:00am to 3:00pm, February 7-10. The exhibits will include information, as well as handouts and brochures, on topics such as contraception, sexually transmitted diseases, HIV/AIDS, and breast and testicular cancer.

❖ MIDDLE EARTH EXHIBIT
Visit the Middle Earth exhibit in the Lecture Center Concourse and receive free information and giveaways. This exhibit will be in the Lecture Center Concourse from 10:00 AM to 3:00 PM, February 7-10.

These Hands Don’t Hurt
A National Service Project of The Fraternity of Alpha Kappa Lambda

Presented by the Middle Earth Peer Educators

This exhibit, hosted on Monday, February 7 in the Lecture Center Concourse, provides an opportunity for members of the campus community to “sign” their handprint declaring that “these hands don’t hurt,” meaning that their hands will not engage in sexual violence or sexual abuse. The aim of this exhibit is to increase awareness of sexual assault and violence and to allow our campus community members to take a stand against it; by stamping their handprint, members of the campus community can make a personal commitment to STEP UP! & end sexual violence. Handprints will be displayed in the Lecture Center Concourse.
"My First Time"
By Ken Davenport
Wednesday – Friday, February 9 – 11 at 8pm
Saturday, February 12 at 2 & 8pm
Sunday, February 13 at 2pm
Monday, February 14 at 7pm & 10pm
Wednesday, February 16 at 8pm
Studio Theatre
Performing Arts Center
University at Albany, SUNY

Yes, that's exactly what we're talking about. You remember yours, now come hear other tales of first-time sexual experiences . . .

$12 general public / $10 students, faculty-staff & seniors
For tickets, please contact the Performing Arts Center Box Office by phone at (518) 442-3997 or via email at tickets@albany.edu.

A V-Day Benefit Reading of
“The Vagina Monologues”
By Eve Ensler
Thursday, February 10 at 7:30pm
Friday, February 11 at 7:30pm
Saturday, February 12 at 3:00pm
Performing Arts Center
University at Albany, SUNY

These three readings of "The Vagina Monologues" are part of the International V-day College Initiative which includes over 600 colleges and universities around the world. The University at Albany's successful shows in past years have sold out and raised funds for local rape crisis and domestic violence shelters. The program will be based on the off-Broadway play "The Vagina Monologues." The performance, which has been heralded as "alternately hilarious and deeply disturbing" by the New York Times, will be conducted by University at Albany students and alumni joined together to end violence against women.

Questions:
For information about ticket prices and sales locations, please contact Trish Hahn at 88tjhahn@gmail.com.

V-day
until the violence stops
SUNDAY, JANUARY 30

7:30PM State Quad Penthouse

“LOVELINE”: SEX TALK AT UALBANY
Have your most intimate and pressing questions about sexuality answered by a panel of experts and students! Honest answers to the questions asked by the audience will be provided, often in a humorous and interactive manner. Have fun and learn a great deal in this workshop!

Presenters: Carol Stenger, M.Ed., M.A., Coordinator for Health Promotion; Director, Project SHAPE, University Counseling Center Members, Project SHAPE: Sexual Health & Peer Education

MONDAY, JANUARY 31

7:30PM Colonial Quad Penthouse

“LOVELINE”: SEX TALK AT UALBANY
See program description above.

Presenters: Carol Stenger, M.Ed., M.A., Coordinator for Health Promotion; Director, Project SHAPE, University Counseling Center Members, Project SHAPE: Sexual Health & Peer Education

TUESDAY, FEBRUARY 1

7:00PM Alumni Quad Movie Room

“LOVELINE”: SEX TALK AT UALBANY
See program description above.

Presenters: Carol Stenger, M.Ed., M.A., Coordinator for Health Promotion; Director, Project SHAPE, University Counseling Center Members, Project SHAPE: Sexual Health & Peer Education

WEDNESDAY, FEBRUARY 2

7:30PM Indian Quad Penthouse

“LOVELINE”: SEX TALK AT UALBANY
See program description above.

Presenters: Carol Stenger, M.Ed., M.A., Coordinator for Health Promotion; Director, Project SHAPE, University Counseling Center Members, Project SHAPE: Sexual Health & Peer Education

THURSDAY, FEBRUARY 3

7:30PM Dutch Quad Penthouse

SEXUAL JEOPARDY!
Come and participate or be an audience member in a college version of a popular TV game show. Test your knowledge in categories such as safer sex, AIDS and other sexually transmitted infections, and other topics related to sexuality.

Presenters: Carol Stenger, M.Ed., M.A., Coordinator for Health Promotion; Director, Project SHAPE, University Counseling Center Members, Project SHAPE: Sexual Health & Peer Education

Special thanks to Carol Stenger, Director, Project SHAPE: Sexual Health and Peer Education, Patti Fikes, Residence Director, and the Department of Residential Life for presenting and coordinating Sexuality Week programming in the residence halls.
WEDNESDAY, FEBRUARY 2

WORKSHOPS AND PROGRAMS

❖ 12:00Noon–7:30PM
Performing Arts Center
POSTSECRET EXHIBIT
Come see more than 270 artfully crafted postcards that unearth a myriad of private thoughts in this exhibit that is comprised from Frank Warren’s latest New York Times bestseller. There will also be a “Post Your Own Secret” wall.

❖ 1:00PM–2:15PM
Campus Center Terrace Lounge
TURNING SECRETS INTO ACTION: OVERCOMING THE MYTH OF MALE SEXUAL ABUSE
With recent coverage on the Oprah Show, male sexual abuse has come to the forefront. People don’t often talk about childhood sexual abuse, a silent and devastating epidemic, but a staggering number of men live with the lasting effects every day. We will view the documentary “Boys and Men Healing from Child Sexual Abuse” followed by a panel discussion with experts in the field of trauma and recovery as well as a survivor speaker.
Presenter: Amy Vincent, M.S., Prevention Educator
Albany County Crime Victim and Sexual Violence Center

❖ 2:30PM–3:45PM
Campus Center Terrace Lounge
STATUS UPDATE: OMG! FACEBOOK IS CHANGING MY LIFE!
Join us for an interactive presentation and discussion about the potential positive and negative effects of social media, like Facebook and Twitter. This presentation will explore how social media is changing the way in which we maintain and create relationships, in addition to the manner that we communicate and express ourselves to others.
Presenter: Heidi Wright, Psy.D., Staff Psychologist
Project Coordinator—Violence against Women and Suicide Prevention Grants
University Counseling Center

❖ 4:00PM–5:15PM
Campus Center Terrace Lounge
PERSONAL SAFETY WORKSHOP FOR WOMEN
The Rape Aggression Defense (R.A.D.) System is a program of realistic, self-defense tactics, and techniques. This workshop is a comprehensive course for women that begins with awareness, prevention, risk reduction and avoidance, while progressing on to the basics of hands-on defense training. The R.A.D. System also includes strategies for everyday life such as home security, public transportation, and dating, to name a few. Come and learn about R.A.D. and how it can benefit you.
Presenter: R.A.D. Team Members
University Police Department
6:30PM-7:45PM
PERSONAL SAFETY WORKSHOP FOR MEN
Campus Center Terrace Lounge

The Rape Aggression Defense (R.A.D.) System is a program of realistic, self-defense tactics, and techniques. This workshop is a comprehensive course for men that begins with awareness, prevention, risk reduction and avoidance, while progressing on to the basics of hands-on defense training. The R.A.D. System also includes strategies for everyday life such as home security, public transportation, and dating, to name a few. Come and learn about R.A.D. and how it can benefit you.

Presenter: R.A.D. Team Members
University Police Department

8:00PM-9:15PM
COLORING OUTSIDE THE LINES
Campus Center Terrace Lounge

Why are there so many negatives associated with being a member of the LGBTQIAP community and a person of color? Why is it so hard for people to talk about this issue? What are some effective and constructive ways we can discuss this topic without people fearing persecution? Join us for a presentation and interactive discussion about the stigma surrounding the LGBTQIAP communities of color.

Presenters:
Richard Mitchell, President, Albany State Hues Alliance (ASHA)
Ashley Huie, President, Middle Earth Peer Assistance Program
Heidi Wright, Psy.D., Staff Psychologist, Program Coordinator, Violence Against Women and Suicide Prevention Grants

THURSDAY, FEBRUARY 3

12:00Noon-6:00PM
POSTSECRET EXHIBIT
Performing Arts Center

Come see more than 270 artfully crafted postcards that unearth a myriad of private thoughts in this exhibit that is comprised from Frank Warren’s latest New York Times bestseller. There will also be a "Post Your Own Secret" wall.

1:00PM-2:15PM
SEXUALLY TRANSMITTED INFECTIONS (STIs) AT UALBANY: WHAT YOU NEED TO KNOW
Campus Center 375

Since the onset of AIDS, students are learning less about other sexually transmitted infections. Yet we have an epidemic of STIs in the U.S. and this has been increasing, especially among persons between the ages of 15 and 24. This experiential program will test students’ knowledge about common STIs seen on the University at Albany campus, including Chlamydia, HPV, Herpes, Gonorrhea, and Hepatitis. Prevention tips and techniques will be presented.

Presenters:
Carol Stenger, M.Ed., M.A.
Coordinator for Health Promotion, University Counseling Center
Director, Project SHAPE: Sexual Health and Peer Education
Members, Project SHAPE: Sexual Health & Peer Education

2:30PM-3:45PM
SEX AND DRUGS: HOW TO HAVE FUN AND NOT DIE
Campus Center 375

In this workshop, faculty member and drug expert Dr. Mitch Earleywine will talk with students about the implications of recreational drug use as they relate to sexual behaviors, discuss how to ensure the safety of anyone involved, and answer any questions from the audience. Participants will learn about the dangers of haphazardly combining drug use and sex. Delving into a topic that is often not talked about openly, the presenter will shed light on healthier, safer behaviors.

Presenters: Mitchell S. Earleywine, Ph.D., Professor of Psychology, University at Albany
4:00PM-5:15PM  
Campus Center 375

JEALOUSY AND LOVE: IS IT A HOT MIX OR A HOT MESS WHEN IT COMES TO RELATIONSHIPS?
Join us for an open discussion about jealousy and other ways of communicating in relationships. We will explore healthy versus unhealthy ways of relating. A variety of topics will be covered including: the diverse ways of communicating, expectations, and red versus green flag behaviors. We will discuss resources available both on and off campus.

Presenter: Joyce Dewitt-Parker, Ph.D., Director, Sexual Assault Resource Center
University Counseling Center

6:30PM-7:45PM  
Campus Center 375

SEPARATING GENDER AND SEXUALITY
Gender and sexuality are often thought of as interchangeable words, but are they? This program will examine the complexities of these two terms and how they relate to everyday life. Join us for this interactive workshop to learn more about the important distinctions between gender and sexuality.

Presenters: Carey Jean Sojka, Coordinator, Gender and Sexuality Resource Center
Lee Friedlander, Director, Gender and Sexuality Concerns Office, Student Association

8:00PM-9:15PM  
Campus Center 375

TRANS-LATING RELATIONSHIPS
Relationships are complex by nature and may further be challenged when one or both parties are questioning their gender, are in the process of gender transition, or display gender variance. There is a parallel journey for both partners in these relationships affected by gender-identity. This workshop will offer both information and resources for trans-identified persons as well as partners of gender variant individuals.

Presenters: Stacey Andrew Mercer, Intern, School of Social Welfare
Livia da Silva, Trained Facilitator

9:30PM-10:45PM  
Campus Center 375

HE’S JUST NOT THAT INTO YOU!
Have you ever checked your Facebook newsfeed every 5 minutes to see what his recent activity was? Or have you ever gone through your BBM contact list looking to see if he read the last 10 messages you sent him? Come and join in our discussion on what happens after that first date. Why do we sometimes ignore the signs that are right in front of us? This program will explore why so many of us make excuses for people we are interested in, including those who don’t really care about commitment; and get the 411 on the hooking up culture. Finally this program will also open up discussion and address signs of healthy and unhealthy relationships.

Presenters: Ashley Huie, President, Middle Earth Peer Assistance Program
Nicole Jean, Vice President, Middle Earth Peer Assistance Program

WEEKEND OF FEBRUARY 4-6

Friday, February 4, 12:00Noon-6:00PM  
Performing Arts Center

Saturday, February 5, 12:00Noon-9:15PM  
Performing Arts Center

Sunday, February 6, 12:00Noon-6:00PM  
Performing Arts Center

POSTSECRET EXHIBIT
Come see more than 270 artfully crafted postcards that unearth a myriad of private thoughts in this exhibit that is comprised from Frank Warren’s latest New York Times bestseller. There will also be a "Post Your Own Secret" wall.
MONDAY, FEBRUARY 7

10:00AM-3:00PM
CONTRACEPTION EXHIBIT
Lecture Center Concourse

Presenters: Members, Project SHAPE: Sexual Health & Peer Education

12:00 Noon-6:00PM
POSTSECRET EXHIBIT
Performing Arts Center

Come see more than 270 artfully crafted postcards that unearth a myriad of private thoughts in this exhibit that is comprised from Frank Warren’s latest New York Times bestseller. There will also be a "Post Your Own Secret" wall.

1:00PM-2:15PM
REAL SEX ED SAVES LIVES
Campus Center 375

As a result of the lack of adequate sex education and limited access to birth control in the US, rates of sexually transmitted infections, pregnancy and abortion among young people are dramatically higher than rates in Europe. This program will lead students in an exercise to identify what adequate sex education would look like and how they can fight for this in the U.S.

Presenters: Blue Carreker, Vice President for Public Affairs and Marketing & Director of Education
Meaghan Carroll, Director of Education
Members of the University at Albany pro-choice student group, VOX.

2:30PM-3:45PM
FILM SCREENING AND DISCUSSION: I HAD AN ABORTION
Campus Center 375

This compelling and powerful film tackles the controversial topic of abortion. It features ten women, including famed feminist Gloria Steinem, who candidly describe their varied experiences. This film spans seven decades, from the years before Roe v. Wade to the present day. Come watch this insightful documentary, and discuss your thoughts.

Presenter: Michelle Morrow, M.A., Coordinator, Greek STEPS Project, University Counseling Center

4:00PM-5:15PM
LGBTQ AT WORK: KNOW YOUR OPTIONS AND FIND THE RIGHT FIT
Campus Center 375

Whether or not to come out at work is a personal decision and there is no right or wrong choice. This presentation will look at the challenges faced by LGBTQ employees as they consider how “out” they wish to be at work. Job search process and legal issues will also be discussed.

Presenter: Cathy Parker, M.S., Assistant Director, Career Services

6:30PM-7:45PM
CAN I HAVE YO’ NUMBA? CAN I HAVE IT?
Campus Center 375

What lasts three minutes, can cause instant speech paralysis, and can make the majority of your student body secretly want to participate? Come join us in a great relationship program and learn about speed dating and effective networking skills! This program not only teaches participants the subtle art of initiating meaningful conversation, but it also fosters self-confidence and awareness of personal boundaries. Finally this program will offer tips on how to date safely, especially considering the current abundance of online dating options.

Presenters: Sean DeMartino, Social-Educational & Media Chair, Middle Earth Peer Assistance Program
Ashley Huie, President, Middle Earth Peer Assistance Program
Nicole Jean, Vice President, Middle Earth Peer Assistance Program
8:00PM-9:15PM
STRAIGHT TALK WITH QUEERS
Campus Center 375
Have a question about the LGBTQ community that you have wanted to ask? Here is your chance to ask it— to your own UAlbany Queer Peers! We invite you to join a group of Queer student leaders in a discussion about Queer life on campus and in the surrounding community.

Facilitators: Jonny Puglia, Member, Middle Earth Peer Assistance Program
Ashley Huie, President, Middle Earth Peer Assistance Program

Panelists: Hillary Closs, Member, Middle Earth Peer Assistance program
Richard Mitchell, President, Albany State Hues Alliance,
Lee Friedlander, Director, Gender and Sexuality Concerns, Student Association,
Samantha Arpino, Founding/Social Chair, Gamma Lambda Rho UAlbany Chapter & Member, Project SHAPE: Sexual Health and Peer Education

9:30PM-10:45PM
QUEER JEOPARDY!
Campus Center 375
Think you know your gay trivia? Come and test your skills. With subjects like Alphabet Soup, Queer in Albany and Famous People, your gay knowledge will be tested. Join us for a fun night of Jeopardy.

Facilitators: Lee Friedlander, Director, Gender and Sexuality Concerns Office, Student Association
Jonny Puglia, Member, Middle Earth Peer Assistance Program

TUESDAY, FEBRUARY 8

10:00AM-3:00PM
STI PREVENTION EXHIBIT
Lecture Center Concourse

Presenters: Members, Project SHAPE: Sexual Health & Peer Education

12:00Noon & After Frank Warren Keynote Evening Presentation
Performing Arts Center

POSTSECRET EXHIBIT
Come see more than 270 artfully crafted postcards that unearth a myriad of private thoughts in this exhibit that is comprised from Frank Warren’s latest New York Times bestseller. There will also be a "Post Your Own Secret" wall.

1:00PM-2:15PM
RELATIONSHIP ENHANCEMENT: HOW TO TURN ON DELIGHT
Campus Center 375
We are all so busy these days it is difficult to find time to devote the energy required in our most important relationships. When juggling so many priorities, often our relationships and taking care of ourselves fall to the bottom of the list. This workshop will discuss specific ways that persons can enhance all of their relationships with partners, friends, and family members - by adding more fun, more delight, more surprise and excitement. We will discuss ways to create events that will be memorable and meaningful to those you care about. Participants will have an opportunity to share their own perspectives and will leave the workshop with specific ideas that they can implement immediately to add delight to their life. Join us and have some fun!

Presenter: Carol Stenger, M.Ed., M.A.
Coordinator for Health Promotion, University Counseling Center
Director, Project SHAPE: Sexual Health and Peer Education
LGBT 101: DOMESTIC VIOLENCE IN LGBT RELATIONSHIPS

Is there a difference between domestic violence in heterosexual relationships and LGBT relationships? What can you do if you or someone you know is in an abusive relationship? Join us for an informative and interactive presentation highlighting the increase in domestic violence among same-sex couples.

Presenters: Phillip A. Burse, Outreach Specialist, In Our Own Voices
Jen Maley, LGBT Crime Victim Assistance Specialist, In Our Own Voices

HEALTHY CHOICES FOR YOUNG MEN WHO HAVE SEX WITH MEN (MSM)

Join us for a discussion of the trends in sexual behavior among young men who have sex with men (YMSM) in relation to the mobility and interrelatedness of social communities in the capital region. We will also have an interactive discussion with audience participation addressing Syphilis, other STIs, HIV & stigma.

Presenters: Joel Harrington, Prevention Intervention Specialist
Project H.O.P.E. (HIV Outreach Prevention Education)
AIDS Council of Northeastern New York;

SEXUALITY WEEK KEYNOTE PRESENTATION:
FRANK WARREN: POSTSECRET

See Page 2 for Program Description

WEDNESDAY, FEBRUARY 9

HIV/AIDS PREVENTION EXHIBIT

Presenters: Members, Project SHAPE: Sexual Health & Peer Education

POSTSECRET EXHIBIT

Come see more than 270 artfully crafted postcards that unearth a myriad of private thoughts in this exhibit that is comprised from Frank Warren’s latest New York Times bestseller. There will also be a "Post Your Own Secret” wall.

SPIN THE BOTTLE

Have you ever thought about what the media tells you about alcohol use and sex? In this interactive program, we will examine and discuss the messages delivered by the media about alcohol. Alcohol and gender roles, alcohol and sex, and misperceptions about alcohol use. The purpose of this program is to educate students about what the media is telling them about alcohol use. Using clips from the documentary, Spin the Bottle by Jackson Katz, Middle Earth Peer Educators will facilitate a discussion on media messages about alcohol and what advertisements about alcohol are telling us.

Presenters: Peer Educators, Middle Earth Peer Assistance Program
Katy Dorsheimer, M.S., Outreach Coordinator, Middle Earth Program
Brian M. Freidenberg, Ph.D.
Addictive Behaviors Specialist/Staff Psychologist, University Counseling Center
**2:30PM-3:45PM**  
**Campus Center 375**  
**SHOTS, PATCHES AND RINGS....OH MY!**  
Come join us for a hands-on workshop where students will be able to see, touch and learn about all of the current contraception options and the advantages and disadvantages of each. A discussion of all of the things that should be considered when choosing a method of pregnancy prevention will be included.  
**Presenters:** Carol Stenger, M.Ed., M.A.  
Coordinator for Health Promotion, University Counseling Center  
Director, Project SHAPE: Sexual Health and Peer Education  
Members, Project SHAPE: Sexual Health & Peer Education

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**4:00PM-5:15PM**  
**Campus Center 375**  
**MINORITY IN THE MAJORITY**  
of all the HIV/AIDS cases diagnosed, over 65% are accounted for by the minority population. Come test your knowledge about the stigmas associated with HIV/AIDS in our society. Join us for a fun and interactive educational program and learn how you can help to create a community that is more inclusive and supportive of members of the minority community who are dealing with HIV/AIDS. Resources for free HIV testing will also be provided.  
**Presenters:** Nicole Jean, Peer Educator, Middle Earth Peer Assistance program  
Tharon Moore, HIV Testing Coordinator, AIDS Council of Northeastern New York

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**6:30PM-7:45PM**  
**Campus Center 375**  
**ALCOHOL AND HOOKIN’ UP**  
This program will use interactive theater to address the myths associated with drinking and sex that we see from the media and other sources. Come and learn about some interesting facts, such as the percentage of UAlbany students that engage in healthy sexual behaviors, and join us in a discussion of the “hooking up” culture, and how students can communicate with other students to enhance safety in drinking situations.  
**Presenters:** The Middle Earth Players  
Katy Dorsheimer, M.S., Outreach Coordinator, Middle Earth Program  
Brian M. Freidenberg, Ph.D.  
Addictive Behaviors Specialist/Staff Psychologist, University Counseling Center

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**8:00PM-9:15PM**  
**Campus Center 375**  
**TRANSGENDER INTIMACIES**  
Relationships involving transgender people have unique dynamics that have often been overlooked. This interactive presentation will address the basics of understanding what it means to be transgender or gender-variant and the complexities of relationships involving transgender people.  
**Presenters:** Carey Jean Sojka, Coordinator, Gender and Sexuality Resource Center  
Lee Friedlander, Director, Gender and Sexuality Concerns Office, Student Association
THURSDAY, FEBRUARY 10

10:00AM-3:00PM  
Lecture Center Concourse  
**BREAST & TESTICULAR CANCER PREVENTION EXHIBIT**  
*Presenters:* Members, Project SHAPE: Sexual Health & Peer Education

12:00Noon-8:00PM  
Performing Arts Center  
**POSTSECRET EXHIBIT**  
Come see more than 270 artfully crafted postcards that unearth a myriad of private thoughts in this exhibit that is comprised from Frank Warren’s latest New York Times bestseller. There will also be a "Post Your Own Secret" wall.

1:00PM-2:15PM  
Campus Center 375  
**EMERGENCY CONTRACEPTION: WHAT YOU NEED TO KNOW**  
EC- emergency contraception, the morning after pill, Plan B, Ella - are they all the same? EC is an often misunderstood method of pregnancy prevention. This workshop will provide a close look at the emergency methods available today, how they work, when they can be used, and where they can be obtained.  
*Presenters:* Carol Stenger, M.Ed., M.A, Coordinator for Health Promotion, University Counseling Center  
Director, Project SHAPE: Sexual Health and Peer Education  
Members, Project SHAPE: Sexual Health and Peer Education

2:30PM-3:45PM  
Campus Center 375  
**DEMystifying the “big o”: Facts and myths about orgasms in women and men**  
How much do you know about the orgasm? In this workshop we will discuss the orgasm in the context of history, culture, psychology, and biology. We will debunk common myths about the “Big O” and discuss how to explore and enjoy sex and intimacy in different ways. Some techniques discussed will include focusing on our senses, mindfulness meditation, and communication in relationships.  
*Presenter:* Vivian Hwang, Doctoral Student in Clinical Psychology, University at Albany

4:00PM-5:15PM  
Campus Center 375  
**IT ONLY TAKES ONE TIME**  
Did you know that college students are a specific identified high risk population for sexually transmitted infections (STIs), including HIV? Did you know that even though HIV transmission routes have not changed since the beginning of the HIV/AIDS epidemic over 20 years ago, there are more HIV infections occurring in young people under the age of 24 than ever before? This presentation will explore the myths and realities behind the progress and challenges in reducing HIV/AIDS and other STIs among college-aged young people.  
*Presenter:* Rob Curry, Senior VP for External Affairs, Upper Hudson Planned Parenthood  
*Hosted by Omega Phi Beta Sorority, Inc.*
During the 28 years that Sexuality Week has been in existence at the University at Albany, college students across the nation have been faced with critical issues and choices. Concerns related to gender issues, HIV/AIDS, relationships, identity, and reproductive health have remained at the forefront across time.

In recognition of the importance of the above issues for students, the content of programs within Sexuality Week reflects these key themes. In this way, we hope to meet the needs of our students as well as to provide a retrospective and prospective look at the issues.

All programs listed in this brochure will be presented or supervised by individuals with expertise in the topic area. We hope the information that will be presented will encourage learning, dialogue, and critical thinking, and will continue to move Middle Earth forward in its mission of prevention education.

**Sexuality Week 2011 Planning Committee**

M. Dolores Cimini, Ph.D., Middle Earth Peer Assistance Program, University Counseling Center (Chair)
Carol Lee Anderson, University Libraries
Rachel Bourgignon, Middle Earth
Kayla Cardona, Middle Earth
Elizabeth Conrad, M.A., Student Involvement and Leadership
Sean DeMartino, Middle Earth
Joyce Dewitt-Parker, Ph.D., Sexual Assault Resource Center, University Counseling Center
Katy Dorschimer, M.S., Middle Earth Graduate Assistant
Kim Engel, Performing Arts Center
Patti Fikes, M.S., Residential Life
Jennifer Fila, M.P.A., University Police Department
Tessa Fox, Project SHAPE
Brian M. Freidenberg, Ph.D., University Counseling Center
Lee Friedlander, Office of Gender and Sexuality Concerns, Student Association
Ashley Huie, Middle Earth
Nicole Jean, Middle Earth
Nick Lansing, Middle Earth
Michelle Morrow, M.A., University Counseling Center
Catherine Parker, M.S., Career Services
Carey Jean Sojka, Gender and Sexuality Resource Center, Office of Multicultural Student Success
Carol P. Stenger, M.Ed., M.A., Project SHAPE, University Counseling Center
Heidi R. Wright, Psy.D., University Counseling Center

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