Counseling and Psychological Services
Request for a Medical/Psychological Housing Accommodation

Counseling and Psychological Services (CAPS) or Student Health Services provides recommendations to the Department of Residential Life for action on medical/psychological housing accommodations. In order to be evaluated for an accommodation, a student must provide the following to the CAPS director:

1. A request for the housing accommodation from the student - please be specific about your current status and what you are requesting.

2. Documentation completed and signed by a licensed health professional or treatment facility that includes:
   a. An explicit recommendation for a housing accommodation from a licensed health professional or treatment facility. The accompanying statement should highlight the ways in which the student’s mental health condition interferes significantly with their ability to enjoy the rights and responsibilities of a typical resident and/or ways in which the residence experience will interfere with their mental health.
   b. Number of assessment/treatment sessions along with beginning and ending dates;
   c. ICD-10 or DSM-V diagnosis;
   d. GAF and an abbreviated mental status exam. The accompanying statement should highlight the ways in which the student’s mental condition is exacerbated by their on-campus housing. For a GAF reference, go to: http://www.albany.edu/caps/docs/GAF.pdf

Incomplete information will delay action on the request.

Supporting documentation is maintained in CAPS files and is not forwarded with the recommendation. If you have any questions, please do not hesitate to call at (518) 442-5800.