# UAlbany 5K Road Race Course

## Key Points

**Start**
- On interior campus road near SE corner of Indian Quad. Point on N side is 2'8" direct from end of curbstone and 33'10" direct from water main. Point of S side is 4'0" direct from curbstone and 38'6" before light pole "I-225."

**Mile 1**
- On “bus loop” road near track. Point is 45’1” direct from light pole “P-157.”

**Mile 2**
- On interior campus road S of Indian Quad. Point is 48’0” after light pole “I-227.”

**Mile 3**
- On interior campus road S of Science Library. Point is 9’2” after sewer cover and 84’11” before emergency phone box N of track.

## All points marked with Mag nail and orange paint.

**Finish**
- On interior campus road near SW corner of Indian Quad even with middle of light pole “I-228.” Line marked on both N and S sides of road.

**Route Restriction.** Left turn from sidewalk to “bus loop” roadway should be restricted to prevent runners from cutting the course.

## Description:
- Course is a complex of three loops run in counterclockwise direction. First and third loops consist of a circuit from interior campus road through Dutch Gold Lot to jogging path and sidewalk on University Dr W, and “bus loop.” Second loop consists of a circuit on sidewalk north of artificial turf fields, to gravel path around lake, through start and finish lines on interior campus road.

## Detail of Start

- **Indian Quad**
  - 2’8” to curbstone
  - 38'6" to LP "I-225"

## Detail of Finish

- **Indian Quad**
  - Even with LP "I-228"