Position Title: Fitness Assistants  
Reports To: Assistant Director of Fitness and Wellness

Job Description
Under the direction of the Assistant Director of Fitness and Wellness and the Graduate Assistant for Fitness and Wellness the Fitness Assistant will be the face of the SEFCU, Indian Quad, and Colonial Quad fitness centers by providing excellent customer service and site supervision. Responsibilities will include but are not limited to:

- Assist with the overall management and supervision of the fitness centers.
- Determine when equipment maintenance is necessary
- Maintain equipment inventory.
- Educate patrons regarding policies, procedures and proper equipment usage, storage and provide general care and maintenance of equipment and facilities.
- Provide information regarding Campus Recreation facilities, services and programming.
- Report to and work the duration of assigned shift or find appropriate substitution.
- Provide information to members as needed in a prompt and courteous manner.
- Enforce all policies and procedures of the SEFCU, Indian Quad, and Colonial Quad fitness centers.
- Clean and maintain the overall appearance of the fitness centers on a regular basis.
- Promptly report and provide instruction for all unsafe conditions and concerns from staff and patrons.
- Troubleshoot any issues regarding facilities, patrons, or staffing.
- All other duties, as assigned.

Job Requirements

- Current University at Albany student
- Must be willing and able to work at all three fitness center locations as terms of employment.
- Excellent written and verbal communication skills, including the ability to listen and interact with others.
- Ability to display professional behavior, including, reliability, confidentiality, and respect for others.
Current CPR/First Aid Certification or have a willingness to certify as a condition of employment
Knowledge of and commitment to the mission of the University at Albany Campus Recreation.
Ability to listen to and communicate effectively with patrons, other Fitness Assistants, and the professional staff of Campus Recreation.
Skill in judgement and decision making to effectively respond to fitness center issues.

Physical Requirements
This work requires the following physical activities: climbing, bending, stooping, kneeling, twisting, reaching, sitting, standing, walking, lifting, finger dexterity, grasping, repetitive motions, talking, hearing, and visual acuity. Candidates must be able to lift 50 lbs.