CONFERENCE AGENDA
FRIDAY, MARCH 27, 2015 · THE DESMOND HOTEL AND CONFERENCE CENTER, ALBANY, NY

Target audience: school personnel including general and special education teachers, school administrators, school counselors, school nurses, school psychologists, paraprofessionals, related-service providers, community professionals, and parents and family members who live or work with individuals on the autism spectrum

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:30 to 8:15</td>
<td>Registration and Continental Breakfast</td>
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<tr>
<td>8:15 to 8:30</td>
<td>Welcoming Remarks</td>
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| 8:30 to 10:00| Keynote Presentation:
                   Early Foundations of Language in Autism Spectrum Disorders
                   Presenter: Helen Tager-Flusberg, Ph.D.
                   Language deficits in autism are complex and diverse. Many methods have been used to examine them including eye tracking, brain imaging, and, more recently, studying younger siblings of children with ASD. This presentation will summarize findings from current sibling studies in the field, with an emphasis on the brain and behavioral foundations that support language development. Developmental differences between sibling groups and implications for understanding the origins of autism will be discussed. |
| 10:00 to 10:15| Break                                                                  |
| 10:15 to 11:45| Keynote Presentation (cont’d)                                          |
| 11:45 to 12:30| Buffet Lunch                                                          |
| 12:45 to 2:00| Breakout Session 1                                                     |
| 10:00 to 10:15| Break                                                                  |
| 10:15 to 11:45| Keynote Presentation (cont’d)                                          |
| 11:45 to 12:30| Buffet Lunch                                                          |
| 12:45 to 2:00| Breakout Session 1                                                     |
| 2:00 to 2:15 | Break                                                                  |
| 2:15 to 3:30 | Breakout Session 2                                                    |

Facing Your Fears: Managing Anxiety Symptoms that Interfere with Everyday Life in Individuals with ASD
Presenter: Judy Reaven, Ph.D.

The Role of Adaptive Behavior in Evidence-Based Practices for ASD
Presenter: Celine Saulnier, Ph.D.

A Girl's Eye View: Understanding Autism Spectrum Disorders in Females
Presenter: Shana Nichols, Ph.D.

Striving for Independence: Teaching Self-Help Skills to Individuals with Autism
Presenter: Jennifer Toomey, Ph.D.

Facing Your Fears: Identifying and Managing Anxiety in Individuals with ASD and Intellectual Disabilities
Presenter: Judy Reaven, Ph.D.

Identifying and Supporting Students Who Have Conditions Co-morbid with ASD
Presenter: Celine Saulnier, Ph.D.

Practical Strategies to Support Individuals with ASD Meet the Common Core Standards
Presenter: Melissa D. Malani, Ph.D., CCC-SLP

Using Digital Technology with ASD Learners
Presenter: Janet Twyman, Ph.D., BCBA

1.25 contact hours

*All sessions in the conference are eligible for NASP credits
BREAK-OUT SESSION ONE  12:45PM-2:00PM

1-A  Facing Your Fears: Managing Anxiety Symptoms that Interfere with Everyday Life in Individuals with ASD  
Presenter: Judy Reaven, Ph.D.
This presentation will review the core components of a cognitive behavioral group treatment approach developed to reduce the severity and interference of anxiety symptoms in children and adolescents with high-functioning autism spectrum disorders (Facing Your Fears). An overview of the intervention will be provided along with the results of treatment. Videotaped examples will be shown throughout the presentation.

1-B  The Role of Adaptive Behavior in Evidence-Based Practices for ASD  
Presenter: Celine Saulnier, Ph.D.
The presentation will focus on adaptive behavior profiles in individuals with ASD, particularly in the gap between cognitive potential and independent, real-life skills through adulthood. Strategies for appropriate assessment, treatment, and intervention for adaptive behavior deficits will be discussed.

1-C  A Girl’s Eye View: Understanding Autism Spectrum Disorders in Females  
Presenter: Shana Nichols, Ph.D.
Much of our understanding of autism spectrum disorder (ASD) has been based on research and intervention development that has predominantly been conducted with males. Recently, an emerging focus has identified the importance of the female experience of ASD and how it may be different in ways from that of males on the spectrum. This session will highlight what is currently known about gender issues and ASD and will identify important target areas in females with ASD. Using case examples effective strategies for social, emotional, and physical development will be discussed.

1-D  Striving for Independence: Teaching Self-Help Skills to Individuals with Autism  
Presenter: Jennifer Toomey, Ph.D.
The importance of teaching self-help skills to individuals with Autism Spectrum Disorders is often overlooked. However, without these important skills, individuals with ASD may be more restricted in their ability to participate in community outings, school and recreational activities and ultimately vocational and residential programs. This presentation will focus on identifying age-appropriate functional self-help skill targets for individuals with ASD. Using examples and video models, participants will learn and begin to develop a plan for teaching self-help skills to the individuals they serve.

BREAK-OUT SESSION TWO  2:15PM—3:30PM

2-A  Facing Your Fears: Identifying and Managing Anxiety in Individuals with ASD and Intellectual Disabilities  
Presenter: Judy Reaven, Ph.D.
Effectively managing anxiety symptoms can help children and adolescents become more successful in academic setting and participate more fully in their daily lives. This presentation will review assessment strategies for identifying symptoms of anxiety in youth with ASD and intellectual disabilities. A review of modifications to Facing Your Fears, a cognitive behavioral group treatment approach, for individuals with ASD and ID will be provided.

2-B  Identifying and Supporting Students Who Have Conditions Co-morbid with ASD  
Presenter: Celine Saulnier, Ph.D.
Autism spectrum disorders are commonly associated with other diagnoses and comorbid conditions including anxiety and depression. Distinguishing between ASDs and other conditions can often be challenging. This presentation will focus on strategies for appropriate assessment and treatment in this population.

2-C  Practical Strategies to Support Individuals with ASD Meet the Common Core Standards  
Presenter: Melissa D. Malani, Ph.D., CCC-SLP
The CCSS Anchor standards span grades K-12 and prepare students for College and Careers. This breakout session will outline the English Language Arts (ELA) Anchor standards’ specific domains and review a research-based strategy for each domain to support students with ASD to meet the ELA Standards. Strategies that are easily implemented in the classroom for each of the Speaking & Listening, Reading, Writing, and Language strand domains will be presented and discussed.

2-D  Using Digital Technology with ASD Learners  
Presenter: Janet S. Twyman, Ph.D., BCBA, NYSLeA
The explosion of applications, hardware, and adaptive devices holds great promise for learners with autism, across intellectual, emotional, and physical domains. Modern technologies can help learners with greatest needs develop new skills; provide opportunities for practice, application, and problem-solving; enjoy socialization opportunities with peers; and help schedule their day. With the world of possibilities provided by a technology assist, how do teachers and parents know what technologies are evidence-based and helpful for whom, for what, and under what conditions? This session will review technologies that show promise or have demonstrated effects for special needs learners and their teachers, and provide useful criteria for making technology selections.

Session objectives, target audience, and speaker bios are available at www.albany.edu/autism
**REGISTRATION FEES**

<table>
<thead>
<tr>
<th>Session One</th>
<th>Session Two</th>
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<tr>
<td>1-A: Anxiety in Everyday Life</td>
<td>2-A: Anxiety with Intellectual Disabilities</td>
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<tr>
<td>1-B: Adaptive Behavior</td>
<td>2-B: Co-Morbid Conditions</td>
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<tr>
<td>1-C: ASD in Females</td>
<td>2-C: Common Core Standards</td>
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<tr>
<td>1-D: Striving for Independence</td>
<td>2-D: Using Digital Technology</td>
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Registration fee includes breakfast and lunch

**REGISTRATION POLICIES**

- All cancellations MUST be received in writing to card@albany.edu or to: Center for Autism and Related Disabilities, 1535 Western Avenue, Albany, NY 12203 no later than 03/18/15. Cancellations received after 03/18/15 will not be refunded for any reason.
- **Seating is limited!** Registrations will be accepted on a first come, first serve basis.
- Registrations will not be processed without payment.
- Purchase Orders will be accepted only if a copy of the PO is attached to the registration.
- Registration confirmations will be sent by e-mail. If you do not receive a confirmation by March 13th, please call the Center to confirm that your registration was received.
- To request special accommodations due to a disability, please indicate the need on your registration form. We ask that you provide at least three weeks notice for the request.

**PAYMENT INFORMATION**

- Please make checks payable to Research Foundation of SUNY-Autism
- **ONLINE REGISTRATION AND PAYMENT IS AVAILABLE AT WWW.ALBANY.EDU/AUTISM**

- OR -
  - Visa
  - MasterCard

**SIGNATURE** — Required for all registrations — authorizing credit card charge (if applicable) and acknowledging registration policies

**PLEASE RETURN FORM WITH PAYMENT TO:**

Registrations will not be accepted by phone
Working Together to Better Understand and Positively Impact Individuals on the Autism Spectrum

Friday, March 27, 2015
7:30 am - 3:30 pm

The Desmond Hotel and Conference Center
660 Albany Shaker Rd
Albany, NY 12211

Call today for special conference room rates at The Desmond Hotel and Conference Center in Albany, NY. The conference rate is only available until March 12, 2015. There are a limited number of rooms available at a reduced rate of $111/night. To reserve a room, please call The Desmond at 800-448-3500 and ask for the Center for Autism and Related Disabilities conference room block.

BOOK FAIR:
There will be a book fair sponsored by the Book House of Stuyvesant Plaza throughout the conference.

QUESTIONS?
Please contact CARD Albany at (518) 442-2574 or card@albany.edu

Sponsored by the University at Albany’s Center for Autism and Related Disabilities through funding provided by the NYS Department of Education.

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Center for Autism and Related Disabilities
University at Albany
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Albany, NY 12203