Short-term Goals

Make two lists of those things that you need to get done in the next year at UAlbany.

<table>
<thead>
<tr>
<th>Things to do for myself, my family</th>
<th>Things to do professionally this year at UAlbany</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Concentrate on your *top* professional goal for this year: break it down into its parts.

**For example: “Establish Citizenship in my Department”**

- Meet with Chair to inform about research agenda
- Have conversations with colleagues to share research ideas
- Discuss teaching strategies with colleagues teaching similar courses
- Join a task force or a committee important to the department (without overloading myself!!)
- Recruit new students to the program
- Other

**"Your example here**

Now that you’ve thought through one project, plan an appropriate timeline:

1. In order to finish your project in August of next year, what must you have done
   a. by the end of November?

   b. by February?

   c. by June?

Please turn the page ➔
Long-term Goals

1. What questions do you have about what you need to do in the next 5 years as you work toward a permanent position in your field?

2. Envision your role in the institution, in your discipline, in a community in which you might live in 8 years.

   What are your major aspirations for how you will interact with these three communities? What adjectives or metaphors come to mind that describe your intended role in each one?

   What steps will you need to take to achieve such a role?